

MAZDAYASNI  
CALENDAR  
3764 Z

NATURE'S  
CALENDAR  
2026-2027





# MAZDAYASNI CALENDAR

3764 z (2026-2027)

THE ANCIENT ZARATHUSHTI CALENDAR

## THE ONLY CALENDAR THAT NEEDS NO ADJUSTMENT FOR 110,000 YEARS

**"I learn about and work with the solar year, the righteous period". Yasna Ha1.9, Ha 3.11, Ha 4.14**

The 'vehizaki' month Farwardin, the month Ardiwahisht, and Khordad compose the season of Spring.

The month Tir, the month Amordad, and the month Shahrewar are of Summer.

The month Mehr, the month Aban, and the month Adar are of Autumn;

and the month Dey, the month Vohuman, and the month Spandarmad are of Winter. AVESTA - Bundahishn 25:25:

**THE ANCIENT MAZDAYASNI CALENDAR** is the most accurate calendar that has ever existed in the civilized world to this day. It is a blueprint of the events in Nature. It highlights the significant occurrences in Nature and celebrates them as festivals. In comparison, the universally used Gregorian calendar is a political patchwork to add the names of Julia Caesar (July) and Augustus (August), evident from the 12th month being called December, which means the 10th and the 9th month, September (7th). The 10th month is October, which means the 8th. This also proves that the Gregorian year originally started in Spring.

In the MazdaYasni calendar, the year always starts on the Vernal Equinox, so the leap year is automatically determined by nature. The calendar's accuracy is further enhanced by dividing the days of each season. Thus, each season starts on the first of every fourth month and is celebrated as a festival. Seasons are marked by the position of the Earth in its orbit around the Sun, so the calendar's accuracy is guaranteed by nature. The four seasons are celebrated as follows:

1. **Vernal Equinox**, the beginning of Spring as New Year

2- **Summer Solstice**, the beginning of Summer as

3- **Autumnal Equinox**, the beginning of Fall as

4- **Winter Solstice**, the beginning of Winter as

Now Ruz

Tirgan

Mehregan

Zayesh (Yalda)

1 Farvardin

1 Tir

1 Mehr

1 Dey

## THIS SHOWS THE IRANIANS KNEW OF THE MOVEMENT OF THE EARTH AROUND THE SUN OVER 2000 YEARS BEFORE GALILEO



The four positions of the sun and the four seasons, although they may seem to be of equal length, are not equal in reality. The path of the Earth around the Sun is such that it DOES NOT divide the time taken to travel, from one position to another, into four equal parts, as one would ordinarily believe. None of the four parts are equal. Spring has **92.8** days, Summer **93.6** days, Autumn **89.9** days, and winter is the shortest with **88.9** days. Each season individually divided works out to 31 days each for the first six months, the next 5 months of 30 days each and the last month of the balance of the days before the Vernal Equinox, which is 29 or 30 determined by the Vernal Equinox.

The MazdaYasni calendar has been designed based on this premise and incorporates other traditions. The traditional 30 names of the days of the Sasanian era are used, and the 31st day of the first 6 months has been named "Avardad," the Pahlavi word meaning "extra day." See Philosophy of naming days.

The Seven Days of the Week have been named after the Haft Amesha Spentas, The Seven Eternal Laws, to remind us constantly of the path to progress.

**SOME FACTS:** Professor Martin Haug discovered the Gathas from among the Yasnas in 1859, so the five Gatha days were named thereafter. This means the Zoroastrian Shehanshahi and Kadmi calendars are of recent origin, while the Fasli calendar was introduced in 1906 in India and accepted by the Iranian Zarathushties after the 1960s. It is based on the Roman calendar and emulates the 360 degrees of the circle.

For details, please visit <http://zarathushticalendar.com/>. Also, read about the Perfect calendar: <https://www.timeanddate.com/date/perfect-calendar.html>



## NAMES OF THE DAY/A SUBJECT FOR DAILY REVERENCE

Avestan	Pahlavi (Middle-Persian)	New-Persian	English
Ahura Mazda	Ohrmazd	Ormazd	Ahura Mazda
Vohu Manah	Vahman	Bahman	Good Thought
Asha Vahista	Ardvahisht	Ardibehesht	Ultimate Truth
Khshatra Vairya	Shahrevar	Sharivar	Good Laws
Spenta Armaiti	Spendarmad	Espand	Lawful Desire
Haurvatat	Hordad	Khordad	Perfection
Amertat	Amurdad	Amordad	Immortality
Ahura Mazda	Dai-pad-Adar	Dey-be-Azar	Creator of Fire
Atar	Adar	Azar	Fire
Apo	Aban	Aban	Waters
Hvar Khshaeta	Khvarshed	Khor/Khir	Sun
Mah	Mah	Mah	Moon
Tishtrya	Tir	Tir	Rain Star
Gaush Urvan	Gosh	Gush / Gaush	Life
Ahura Mazda	Dai-Pad-Mihr	Dey-be-Mehr	Creator of Mehr
Mithra	Mihr	Mehr	Contract, Love
Sraosha	Srosh	Soroush	Hearkening
Rashnu	Rashn	Rashn	Justice
Fravashyo	Fravardin	Farvardin	Progresive force
Verthraghna	Vrahram	Verahram	Victory
Raman	Ram	Ram	Peace, Happiness
Vata	Vad	Baad	Wind
Ahura Mazda	Dai-pad-Din	Dey-be-Din	Creator of Conscience
Daena	Din	Din	Conscience
Ashi	Ard	Ard (Ashi)	Recompense
Arshat	Ashtat	Ashtad	Justice, Truth
Aseman	Aseman	Aseman	Sky
Zam	Zamyad	Zamyad	Earth
Mantra Spenda	Mahraspand	Mantraspand	Divine Words
Anagranam Raochangha	Angran	Anaram	Endless Light



### PHILOSOPHY BEHIND NAMING THE DAYS IN THE MONTH

The National Science Foundation in the US has concluded that a regular person has about 70 thousand thoughts in a day. The result is a waste of brain power. None of the thoughts can mature because the mind has less than one second to delve into each thought. Recently, science has realised that if a group of people, over a period, collectively think about a single subject, single problem or a single project, they can find solutions and advance in their research at a faster pace. Many hi-tech companies have started to put this into practice.

The MazdaYasni Zarathushtis were aware of this mental downside and had a solution; they named the days to promote a unified thought and action during each day. For example, on days named Peace, Life, Moon, and Good Thoughts, "Life" is revered by not slaughtering animals or eating meat. The collective action of not killing and not eating meat on four specified days had a dual effect on the population's health and helped preserve animal species.

Naming the day's Water, Wind, Fire, Justice, Victory, and Love was not to ask for boon and blessings from them but to work towards preserving and promoting them. Today, we have Earth Day, Mother's Day, Father's Day, Independence Day, Labor Day, Veteran's Day, etc. Of course, the names were not chosen haphazardly. We see a pattern: the first part is the AmeshaSpanta. The second is life-related, which refers to all the elements that support life. The third is feelings-related, including wind, which is felt, not seen. The last group is conscience-related.

These are related to TRUTH and should not be turned into Superstition.



# NOW RUZ

Now Ruz, the New Year is the celebration of the Vernal Equinox and the Rejuvenation in nature. All the people who once formed the great Persian Empire celebrate it. (44 per cent of the world population was part of the Persian Empire). Now Ruz comprises two Persian words, Now meaning New and Ruz meaning Day. According to Persian mythology, King Jamshid celebrated the first spring after the great ice age, which science proves happened 10,000 years ago. Since then, it has been part of the Iranian culture, and they have shared it with all they came in contact with. As for the coining of the word Now Ruz, meaning New Day, it goes back to 1725 BCE and was coined by Zarathushtra, the great Sage of Ancient Iran, who also calculated the Earth's Natural Meridian at 63 degrees longitude, which he named Nim Ruz meaning Mid-Day.

When the sun is at mid-day (Nim Ruz) over 63 degrees longitude, the entire hemisphere from Japan and Australia to Europe and Africa has sunlight. (Mehr Yasht 103-4). Zarathushtra also calculated that in the year 1725 BCE, the Vernal Equinox would coincide with the Sunrise in the kingdom of Balkh, where he lived. Thereby, the New Year and the New Day would start simultaneously. To record this rare phenomenon, he named that particular New Year, Now Ruz - the New Day. Thus, NOW RUZ happens where the sunrise coincides with the Vernal Equinox. As archaeologically recorded in history, in 487 BCE, once again, Now Ruz was celebrated, this time at Persepolis where the First Rays of the rising sun lighted the specially erected stone pillar in the Apadana palace, at precisely the exact moment as the Vernal Equinox.

**CELEBRATION:** The highlight of the Now Ruz celebration is the arrangement of the symbolic Now Ruz Table, which consists of seven items. The ancient Persians, all followers of Zarathushtra, decorated their table with Seven Trays (HAFT SEENIE) filled with numerous symbolic items. The Seven Trays represented the SEVEN ETERNAL LAWS OF NATURE as derived from the "Gathas," the songs of Zarathushtra (Ha28.3). It was a way of renewing their bond and reminding them of the path they needed to follow.

## SEVEN ETERNAL LAWS SYMBOLISED ON THE NOW RUZ TABLE "HAFT SEENEE" "SEVEN TRAYS"



- 1- BAH MAN - **Good Mind**– your Good Mind to inquire and learn the
- 2- ARDIBESHT - **Ultimate Truth**- the Laws of Nature- Use them to make
- 3- SHAHRIVAR- **Good Rules** – Good Laws- Good Products – Which will lead to
- 4- ESFAND- **Lawful Desire** – Righteousness – that will pave the way toward
- 5- KHORDAD- **Perfection** – Mental, Physical and Spiritual – which will lead to
- 6- AMORDAD- **Immortality**
  - (a) In Death, being remembered for your good work for generations
  - (b) In Life by losing the fear of Death –resulting in **oneness with**
- 7- AHURA-MAZDA – **Creator of Wisdom** – Khod Ah - through Self Realization KHOD=Self AH = to come

## ZARATHUSHTRA'S BIRTH ANNIVERSARY

Zarathushtra, the Sage of ancient Iran, was born on the 6th day after the Vernal Equinox. As for his birth, 1768 BCE is calculated based on the astronomical indication in the Avesta and published for the first time by Prof. Zabih Behrooz. Western scholars in this field have been confused and have given varying and misleading dates. The coinciding of the Sun Rise with the Equinox in 1725 in Balkh and the coining of the word Nim Ruz by Zarathushtra is proof. FOR MORE INFO:

[http://ahura.homestead.com/files/ARTICLES/ZARATHUSHTRA\\_DATE\\_OF\\_BIRTH.pdf](http://ahura.homestead.com/files/ARTICLES/ZARATHUSHTRA_DATE_OF_BIRTH.pdf)



# Farvardin

# 3764

# March-April

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
<b>31</b> AVARDAD <b>20</b> FREE DAY					<b>1</b> ORMAZD <b>March 21.</b> NOW RUZ	<b>2</b> BAHMAN <b>22</b> GOOD MIND
<b>3</b> ARDIBEHESHT <b>23</b> ULTIMATE	<b>4</b> SHARIVAR <b>24</b> GOOD LAWS	<b>5</b> ESPAND <b>25</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>26</b> PERFECTION	<b>7</b> AMORDAD <b>27</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>28</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>29</b> FIRE
<b>10</b> ABAN <b>30</b> WATER	<b>11</b> KHOR <b>31</b> SUN	<b>12</b> MAH <b>APRIL</b> MOON	<b>13</b> TIR <b>2</b> RAIN STAR	<b>14</b> GUSH <b>3</b> LIFE	<b>15</b> DEY BE MEHR <b>4</b> CREATION-FEELINGS	<b>16</b> MEHR <b>5</b> LOVE
<b>17</b> SOROUSH <b>6</b> HEARKENING	<b>18</b> RASHN <b>7</b> JUSTICE	<b>19</b> FARVARDIN <b>8</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>9</b> VICTORY	<b>21</b> RAM <b>10</b> PEACE	<b>22</b> BAD <b>11</b> WIND	<b>23</b> DEY BE DIN <b>12</b> CREATION-MENTAL
<b>24</b> DIN <b>13</b> CONSCIENSE	<b>25</b> ERD <b>14</b> RECOMPENSE	<b>26</b> ASHTAD <b>15</b> JUSTICE	<b>27</b> ASEMAN <b>16</b> SKY	<b>28</b> ZAMYAD <b>17</b> EARTH	<b>29</b> MANTRASPAND <b>18</b> HOLY WORD	<b>30</b> ANARAM <b>19</b> ENDLESS LIGHT



**1 Farvardin**

**NOW ROOZ**

Vernal equinox-new year

**6 Farvardin**

**ZARATHUSHTRA'S BIRTHDAY**

**19 Farvardin**

**FARVARDIN GAN**

Rejuvenation day – Remembrance day



# ARDIBEHEST GAN

Life is meant to be enjoyed, and for that, any reason is a good reason to enjoy

For that reason, when the name of the Day and the Month is the same, that day is celebrated as a Festival

3rd Ardibehest -22/ 23 April is the Ardibehest day in Ardibehest Month and is celebrated as Nature Day.

Asha Vahista -The Ultimate Truth – The Truth found in nature.

## GAHANBARS (Celebrating Nature)

Gahanbars are seasonal festivals of Thanksgiving. It is when people celebrate their collaboration with nature by respecting nature. There are 4 seasons, but there are 6 Gahanbars. Out of respect for history, tradition, and the enjoyment of life with festivity, the celebration of the two seasonal festivals of the ancestral homeland in the Arctic was preserved by the migrating Zarathushtis. At the same time, they introduced four new Gahanbars for the four seasons of their new temperate homeland. The names of the Gahanbars point to The Exact Day of the celebration and leave no doubt.



## ARCTIC Gahanbars

Maidhyo-Shahem (Mid-Summer) Gahanbars. Arctic Summer lasts 7 months (Farvardin to Mehr) and 216 days, so mid-summer falls on the 108th day, which is 15 of Tir, corresponding to July 6.

Ayeh-Threm (Saarem) (Coming of Winter). The Arctic winter lasts five months. (Aban to Espand) The Coming of Winter is celebrated just before the Arctic winter starts in Aban. So (30 Mehr) (21/22 October).

## TEMPERATE Gahanbars

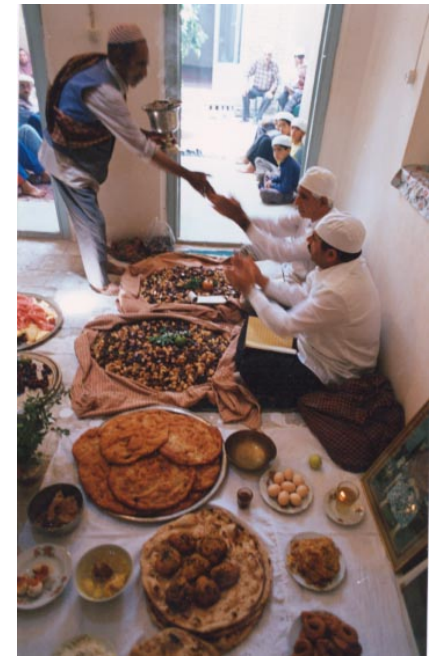
**Maidhyo-Zarem (mid-Spring):** Spring has 92.8 days, so mid-Spring falls on the 46th day (15 Ardibesht 4/5 May).

**Paiti-Shahem (End of Summer):** Summer ends on the 186th day (31 Shahrivar 21/22 Sept.).

**Maidh-Yarem (Mid-winter):** 320.75th day. When farmers, shepherds and their animals are resting. (14 Bahman 2 Feb).

**Hamas-Path-Maedem** (Equality of heat and cold, day and night): preparation for the revival of Nature. (28/ 29 Espand) (March 19/20). Gahanbars were a social gathering of fun and festivity with dance and music. After the Arab invasion, the Gahanbars were forced underground and became solemn events in memory of the millions who were massacred. Under those conditions, there was no room for fun and festivity, and atrocities were committed daily to the extent that the population was reduced to just 7,711 heads in Iran when Maneckji Limji Hataria came to their rescue in 1854.

FOR DETAIL VISIT [www.ancientiran.com](http://www.ancientiran.com) Genocide of the Zarathushtis





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
	<b>1</b> ORMAZD <b>21</b> KHOD AH	<b>2</b> BAHMAN <b>22</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>23</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>24</b> GOOD LAWS	<b>5</b> ESPAND <b>25</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>26</b> PERFECTION
<b>7</b> AMORDAD <b>27</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>28</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>29</b> FIRE	<b>10</b> ABAN <b>30</b> WATER	<b>11</b> KHOR <b>MAY</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR
<b>14</b> GUSH <b>4</b> LIFE	<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING	<b>18</b> RASHN <b>8</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY
<b>21</b> RAM <b>11</b> PEACE	<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENSE	<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY
<b>28</b> ZAMYAD <b>18</b> EARTH	<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>21</b> FREE DAY			



## 3 Ardibehest

ARDIBEHESTGAN 3rd  
Nature's Day

## 15 Ardibehest

MAIDHYO ZAREM GAHANBAR- MID – SPRING  
Spring has 92.8 days. Thus, Mid-Spring is on the 46th day. (Farvardin 31 days + Ardibehest 15 = 46)



# KHORDAD GAN

## PERFECTION DAY

6 Khordad

Everyone should aim for perfection in their chosen profession



Truly, the **Asha** (Ultimate Truth) derived

By the **Good Mind**

Never before known

Among the wise and all creation

With it, make **Good Rules** and never waning

Increasing **Righteousness**

Leading us towards **PERFECTION**

*Zarathushtra – Gatha - Yasna Ha 28.3 (FR)*

براسی، آن اشا که سرچشمه گرفته

از منش نیک

و پیش از این شناخته نشده

میان دانایان و درهسی

از آن است که راهنمایی خوب پدید می آید که هرگز به کاسی نمی رود

و می افزاید پارسایی را

و ما را بسوی رسائی راهنمایی میکند

زرتشت – گات ها – یسنا - هات ۲۸ بند ۳ (ف ر)

## NAMES OF THE DAYS OF THE WEEK

The division of the month and year into weeks is well established in the modern international culture, and all activities are closely integrated with them. All three Zarathushti Calendars have borrowed the names of the days of the week from the dominant cultures. The Shahenshahi calendar has borrowed the names of the Indian weeks -Som, Magal, Budh, Guru, .etc. The Kadmi and Fasli borrowed from the Semitic calendar Shanbeh, Ek Shanbeh, DoShanbeh SayShanbeh, etc.

In the Mazdayasni Calendar, the days of the week are named after the Amesha Spentas. They will be a weekly reminder of the Gathic path, in the right order, to Perfection, Immortality, and Spirituality, as mentioned above.

Zarathushti culture promotes happiness and believes in enjoying life on earth. All the festivals and holidays are for happy occasions, and even festivals that have lost their original significance have not been discarded, like the two Arctic Gahanbars. Thus, adding a few more festivals to celebrate the coinciding of the week's names with the names of the days would not be out of place. That is when the names of the Amesha Spentas in the week coincide with that of the day. This can happen one or two times a year. In addition, when the names of the day, the week, and the month coincide, a super festivity can be held.

- 1- VOHU MANA - **Good Mind**– Use your Good Mind to inquire and learn the
- 2- ASHA VAHISTA - **Ultimate Truth**- the Laws of Nature- Use them to make
- 3- KHASH ATRA VAIRYA **Good Rules** – Good Laws- Good Products – Which will lead to
- 4- SPANTA ARMAITI **Lawful Desire** – Righteousness – that will pave the way toward
- 5- HURVATATA **Perfection** – Mental, Physical and Spiritual – which will lead to
- 6- AMERETATA **Immortality** –(a) In Death, being remembered for your good work for generations  
(b) In Life by losing the fear of Death –resulting in oneness with
- 7- AHURA-MAZDA – **The Creation of Wisdom – Khod Ah** through **Self Realization**- KHOD = Self AH = to come.

**And those who are righteous are known for  
Good creations and use of the wise mind  
In harmony with Wisdom in Existence  
Their aim achieved  
Their desire assuredly Happiness  
Their reward, knowledge and being known as righteous,  
Faithful and Praiseworthy. (6)**

*Zarathushtra - Gatha - Yasna HA 28.10 (FR)*

# Khordad

# 3764

## May-June

## 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
				<b>1</b> ORMAZD <b>22</b> KHOD-AH	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>24</b> ULTIMATE TRUTH
<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>31</b> WATER
<b>11</b> KHOR <b>JUNE</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR	<b>14</b> GUSH <b>4</b> LIFE	<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING
<b>18</b> RASHN <b>8</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY	<b>21</b> RAM <b>11</b> PEACE	<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENSE
<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY	<b>28</b> ZAMYAD <b>18</b> EARTH	<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>21</b> FREE DAY



6 Khordad

**KHORDADGAN**  
Perfection day

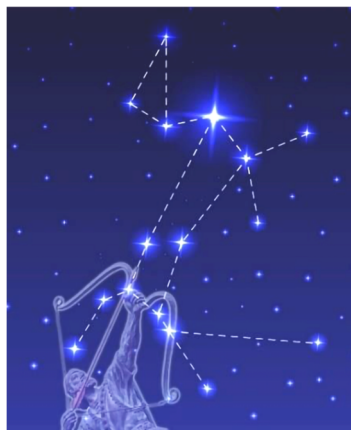


# TIRGAN - 1 TIR - 21/22 JUNE

All ancient MazdaYasni festivals celebrated landmarks in the earth's journey around the sun and seasonal events in nature. This shows the Iranians had precise knowledge about the Earth and its movement around the sun thousands of years before Galileo and the Western World accepted the truth.

**Tirgan** is the celebration of the **Summer Solstice**. On this day, the sun reaches the northernmost position on the earth, and as a result, the Northern Hemisphere has the longest day. People spend this day outdoors, and because it is hot, they spray water on each other; thus, it has become the festival of water.

Simultaneously, the Southern Hemisphere has the Shortest Day, the Winter Solstice. So the whole world can celebrate, although for different events.



**Arash-e-Kamangir** is an Iranian mythological character who shoots an arrow from Mount Damavand to the banks of River Jehun to demarcate the border between Iran and its arch-enemy, Turan. The festival of Tirgan is supposed to celebrate this feat.

The real story is in the Tir Yasht of the Avesta, originally a cosmological paper on Tishtarya, the brightest star in the sky. The archer and his bow and arrow are Asterisms formed by seven stars. The arrow's flight from Mount Khshaotha to Mount Hvanvant shows the path of Tishtarya in the sky. It became a prayer by adding a few devotional sentences at some point in history. Later, under Greek influence, the Pahlavi text on Tishtarya converted facts into fiction by personifying the constellations. After that, in the Islamic era, each writer presented a different version of the Pahlavi folklore. In the last century, this myth was further developed by nationalists. The latest and most popular version of Arash-e-Kamangir is a poem by the politician poet Siavash Kasrai written in 1959.

The Chinese, the Indians and the Iranians saw this Asterism as an archer with a bow and arrow; the Greeks changed it to the Canis Major, the Big Dog. [http://ahura.homestead.com/files/FESTIVALS/ARASH\\_e\\_KAMANGIR\\_.pdf](http://ahura.homestead.com/files/FESTIVALS/ARASH_e_KAMANGIR_.pdf)

## ARCTIC GAHANBAR

*Maidhyo-Shahem (Mid-Summer) Gahanbars. 15 Tir / 6 July*

*Arctic Summer lasts 7 months (Farvardin to Mehr) or 216 days, so mid-summer falls on the 108th day, which is 15 of Tir, corresponding to July 6.*

**The first Democracy in the world**

دموکراسی ۳۷۶۳ ساله

*Let good rulers rule, not evil rulers*

بگذارید حاکمان خوب حکومت کنند؛ نه حاکمان بد

*Noble vision, righteous deeds*

بینش بزرگوار؛ کردار نیکو

*Humans need purity so that they create the best*

انسان به پاکی نیاز دارد تا بهترین‌ها را بیافرینند

*Earth's achievers that indeed guide towards illumination*

سازندگان جهان که به راستی به سوی روشنائی راهنمایی می‌کنند

Zarathustra - Gatha - Yasna Ha 48.5 (FR) زرتشت - گات‌ها - یسنا - هات ۴۸ بند ۵ (ف ر)



Bull Capital of Apadana  
Persepolis, Marvdasht, Iran

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
<b>1</b> ORMAZD <b>22</b> TIRGAN	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>24</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY
<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>JULY</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE
<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE
<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENCE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH
<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY				

**1 Tir****TIRGAN**

Summer Solstice, the longest day

**15 Tir****MAIDYHO SHEM, GAHANBAR, MID-SUMMER**

This is a celebration of the Mid-Arctic Summer. The Arctic Summer is from Farvardin to Mehr, 7 months or 216 days. Thus, Mid-Arctic Summer will be the 108th Day or 15 TIR / 6 July.



# AMORDAD GAN

## REMEMBRANCE DAY

Remember all the Righteous people of (Haft Keshwar Zamin) the Seven Continents.  
Who have done good and progressed towards wholeness - perfection

## PATETI-SHENSHEI PARSI NEW YEAR-

The After the Islamic invasion of Persia in the 7th century, there was genocide of unmatched historical proportion that the victors have, to a great extent, tried to eliminate it from history. Coincidentally the Arab historian Tabari has recorded most of the atrocities. After gaining full control through genocide in the name of their God, they started a cultural genocide. They converted libraries and schools into mosques; they imposed their Arabic language and they cut tongues that spoke Persian and arms that wrote it. They imposed their inferior lunar calendar on the Iranians, in secret the Persians added to it some features like the name of the days, but over time the shorter year had a disruptive effect.

To escape the atrocities there was mass migration in all direction a small group landed on the coast of Gujarat in India and are today highly respected as Parses. They took with them the lunar calendar that had been imposed on them. They lost track of their ancient festivals especially because Gujarat did not have the distinct four seasons. It was too late when they realised the mistake. They got in touch with their brethren's in Iran who were in a worse condition living as infidels. Only 7711 of them had survived, the information they provided did not help. Based on those calendars Pateti is celebrated as New Year, lately there are efforts to call it Navroj, that has created confusion with the Now Rooz that is celebrated in March on the Vernal Equinox by millions of people that once formed the Persian Empire. This could result in modern day Zarathushtris losing ownership of the real Now Rooz. So just like the two Gahanbars and the Sadeh festival of the Arctic homeland have been preserved and celebrated giving us a link to our ancient history. Pateti can be the link to the migration and the welcome received on the shores of India.

In the MazdaYasni calendar the 5-day Mukta prayers will keep alive the memory (Amordad) of the millions of brethren lost in the Genocide and thereafter. An Empire reduced to a hundred thousand who took refuge in India and the 7711 who braved the odds as infidels and kept alive their faith in the mother land.

FOR DETAIL VISIT [www.ancientiran.com](http://www.ancientiran.com)



And those who are righteous are known for  
Good creations and use of the wise mind  
In harmony with Wisdom in Existence  
Their aim achieved  
Their desire assuredly Happiness  
Their reward, knowledge and  
being known as righteous, Faithful and praiseworthy. (6)

Zarathushtra - Gatha - Yasna HA 28.10 (FR)

و کسانی که درستکار هستند را می شناسی  
برای کارهای نیک و روشن بینی  
و اندیشه هماهنگ باخرد در هسی  
آنها هدفشان برآورده  
خواسته شان بیگمان خوشنودی  
و پاداش شان دانش،  
نیک نای، وفادار و قابل ستایش است

زرتشت - گات ها - یسنا - هات ۲۸ بند ۱۰ (ف ر)

Amordad

3764

July-August

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
			<b>1</b> ORMAZD <b>23</b> KHOD AH	<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS
<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>AUGUST</b> WATER	<b>11</b> KHOR <b>2</b> SUN
<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE
<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENCE	<b>25</b> ERD <b>16</b> RECOMPENSE
<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY	



7 Amordad

AMORDAD GAN  
Remembrance day

15 August

PATETI - NEW YEAR  
Shenshai Parsi New Year (15 Aug)



# SHAHRIVAR GAN

## GOOD LAWS & GOOD PRODUCT - DAY

4th of Shahrivar

GOOD LAWS - Laws that are derived from Nature and are in harmony with Nature

GOOD PRODUCTS -Products that are in harmony with nature / Environment

**Asha when you gain  
With mind's good use  
Having realized wisdom  
The path to creativity  
The ultimate message of Wisdom  
Through words excellent  
We shall turn (convert)  
Those who do not know  
(With tongue) By speaking**

اشا را هنگامی که بدست می آوری  
با بهره گیری از منش نیک  
زمینی که خرد را دریافی  
راهی بسوی آفرینش  
والا ترین پیام خرد  
بوسیله واژه های برتر  
بازگردانید  
گمراهان را  
با گفتار

Zarathushtra – Gatha -Yasna Ha 28.5 (FR)

زرتشت - گات ها - یسنا - هات ۲۸ بند ۵ (ف ر)

**With Wisdom in the beginning  
Communities created Laws  
With their thoughts and intelligence  
Then, to the framework, they gave life  
Through rituals and guidance  
Thus, they created a Faith of their choice.**

با خرد در آغاز  
جوامع قوانینی را ایجاد کردند  
با اندیشه و بینش  
سپس به آن چارچوب، جان دادند  
از طریق کردار (آداب و رسوم) و راهنمایی  
بنابراین آنها دین را به انتخاب خود به دست آوردند

Zarathushtra – Gatha – Yasna 31.11 (FR)

زرتشت - گات ها - یسنا - هات ۳۱ بند ۱۱ (ف ر)



Tomb of Cyrus  
Pasargadae, Iran

**When my soul counts on someone for help.  
They who know what my people do not know  
Other than the Truth in Wisdom in Existence.  
Reality appeals, so does the best thoughts.**

Zarathushtra – Gatha -Yasna Ha 50.1 (FR)

چون روان من به یاری کسی چشم دارد،  
به آنان که دانند آنچه یارانم ندانند،  
جز راسی در خرد هسی،  
راسی فرا می خواند، هم چنین کنند اندیشه های برتر

زرتشت - گات ها - یسنا - هات ۵۰ بند ۱ (ف ر)



Tomb of Ferdowsi  
Mashhad, Iran

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY					<b>1</b> ORMAZD <b>23</b> KHOD-AH
<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS
<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>SEPT</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS
<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND
<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENCE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD



## 4 Shahrivar

## SHAHRIVAR GAN

Good laws - good products day

## 31 Shahrivar

## END OF SUMMER, GAHANBAR, PAITI SHEM

Tropical Summer ends on the 186<sup>th</sup> day, which is 31 Shahrivar / 21-22 September



# MEHREGAN

1<sup>st</sup> Mehr (Sept 22/23)

**Mehregan is the celebration of the Autumnal Equinox.**  
**Just like Now Ruz on Mehregan, the day and night are equal.**

The Earth, in its revolution around the sun, goes through two equinoxes; it is a moment in time when the sun crosses the equator, one around 20 March First of Farvardin (Now Ruz) and the second around 22 September First of Mehr (Mehregan). Ancient Iranians have celebrated both of these occasions with great fanfare. Recognising such precise moments in the revolution of the Earth around the Sun and celebrating it shows the knowledge of the ancient Iranians in comparison with the belief of the rest of the world, who, in 1633 CE, punished Galileo for simply mentioning that the Earth went around the sun. No doubt, the Bible calls the Persians Wise.



## ARCTIC Gahanbars

**Ayeh-Threm (Saarem) (Coming of Winter)**

It is one of the two Gahanbars celebrated when the Zarathushtis' ancestors lived in the Arctic. As the name says, it celebrates the coming of winter and is celebrated on 30 Mehr (Oct 21/22), just before the Arctic winter starts from the First of Aban.

Thus, they truly will destroy

**These Clerics and Statesmen**

Through those who decree

Not allow life to proceed freely

**They shall take the good life**

**Truly to the realm of dreams**

*Zarathushtra – Gatha – Yasna 32.15 (FR)*

به این ترتیب براسی نابود خواهد کرد

این روحانیون و دولتمردان

از طریق کسانی که حکومت می کنند

اجازه نمی دهید زندگی آزادانه پیش برود

آنها زندگی خوب را می برند

راسی به قلمرو رویاها

زرتشت – گات ها – یسنا - هات ۳۲ بند ۱۵ (ف ر)



# Mehr

# 3764

# September-October

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
		<b>1</b> ORMAZD 23 MEHREGAN	<b>2</b> BAHMAN 24 GOOD MIND	<b>3</b> ARDIBEHESHT 25 ULTIMATE TRUTH	<b>4</b> SHARIVAR 26 GOOD LAWS	<b>5</b> ESPAND 27 LAWFUL DESIRE
<b>6</b> KHORDAD 28 PERFECTION	<b>7</b> AMORDAD 29 IMMORTALITY	<b>8</b> DEY BE AZAR 30 CREATION-ELEMENTS	<b>9</b> AZAR OCTOBER FIRE	<b>10</b> ABAN 2 WATER	<b>11</b> KHOR 3 SUN	<b>12</b> MAH 4 MOON
<b>13</b> TIR 5 RAIN STAR	<b>14</b> GUSH 6 LIFE	<b>15</b> DEY BE MEHR 7 CREATION-FEELINGS	<b>16</b> MEHR 8 LOVE	<b>17</b> SOROUSH 9 HEARKENING	<b>18</b> RASHN 10 JUSTICE	<b>19</b> FARVARDIN 11 PROGRESSIVE FORCE
<b>20</b> VERAHRAM 12 VICTORY	<b>21</b> RAM 13 PEACE	<b>22</b> BAD 14 WIND	<b>23</b> DEY BE DIN 15 CREATION-MENTAL	<b>24</b> DIN 16 CONSCIENSE	<b>25</b> ERD 17 RECOMPENSE	<b>26</b> ASHTAD 18 JUSTICE
<b>27</b> ASEMAN 19 SKY	<b>28</b> ZAMYAD 20 EARTH	<b>29</b> MANTRASPAND 21 HOLY WORD	<b>30</b> ANARAM 22 ENDLESS LIGHT			



1 Mehr

MEHREGAN

Autumnal Equinox

30 Mehr

GAHANBAR, AYA SAAREM, COMING OF WINTER

This is the celebration of the coming of the Arctic Winter, which starts on the 1st of Aban. A day before the winter starts on 30 Mehr /22 October.



# ABAN GAN

## Water Reverence Day

ABAN 10 / OCTOBER 31

ENDEAVOUR TO KEEP OUR WATER CLEAN

*Even though modern-day pollutants did not exist in ancient times, the Zarathushtis endeavoured to keep their water clean and contaminant-free.*

The combined power of Religion and Government

(Lead to) Evil acts that destroy people's lives

They, with their inner self and disturbed conscience

When they approach the end of the journey (life)

Reflect before death

They all dwelt in the abode of Evil

ترکیب قدرت دین و حکومت

با کردار بد زندگی مردم را نابود می کند

آنها با درون خود و خودآگاهی آشفته

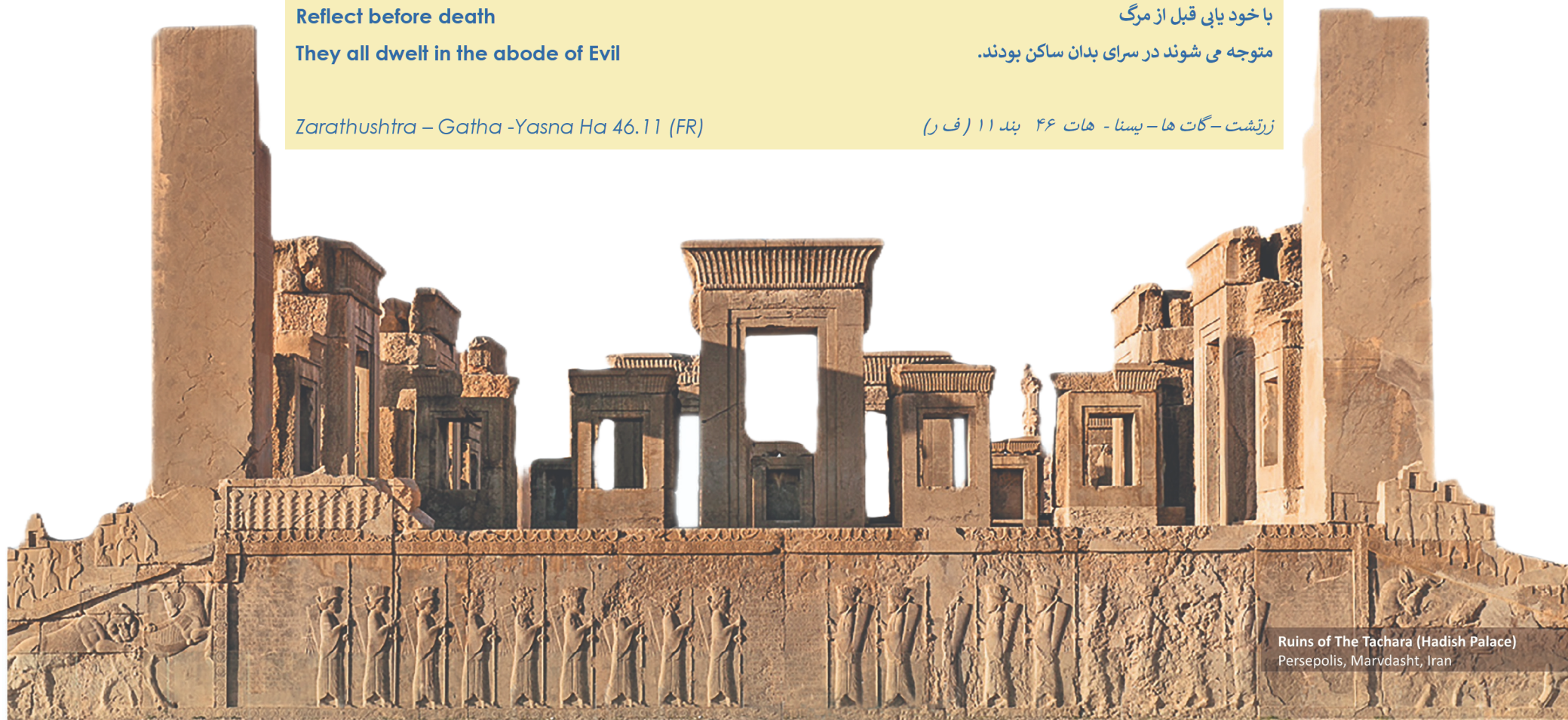
هنگامی که به پایان سفر (زندگی) نزدیک می شوند

با خود یابی قبل از مرگ

متوجه می شوند در سرای بدان ساکن بودند.

Zarathushtra – Gatha -Yasna Ha 46.11 (FR)

زرتشت – گات ها – یسنا - هات ۴۶ بند ۱۱ (ف ر)



Ruins of The Tachara (Hadish Palace)  
Persepolis, Marvdasht, Iran

# Aban

# 3764

# October-November

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
				<b>1</b> ORMAZD <b>23</b> KHOD-AH	<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>25</b> ULTIMATE TRUTH
<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>NOVEMBER</b> WATER
<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING
<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE
<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	



10 Aban

ABANGAN

Water Reverence day

# AZAR GAN

## FIRE REVERENCE DAY

Azar 9 / November 29



In the Gathic concept, fire pertains to the heat of internal zeal for creating progress and making the world a better place.

The teachings of Zarathushtra, the sage of ancient Iran, have nothing to do with physical fire. The Gathas of Zarathushtra are a recipe for progress towards perfection. It is not about worship; it is about doing and achieving. It is not about asking for a boon but about dreaming and converting the right dreams into reality. The followers of the teachings of Zarathushtra have chosen fire as a

medium, as a facilitator of their path towards perfection, and in their quest for self-realisation - Khod-Ah, realising the God within. Fire is never considered to be a god of any sort. Fire has a mystical effect compared to air, water, and earth. It gives one the feeling of spiritual elevation. Concentrating on the flickering flames mesmerises and relaxes the mind. It helps the mind enter the Alpha stage, where the mind works at its best—solving problems and decoding the mysteries of the universe. This is seen as worshipping to the superstitious mind and the opponents.

## In the Gathas, Fire is mentioned 8 times, and none pertain to the physical Fire

Ha.31.03 "Maino Athra" "Mental blaze"

آتش ذهن

Ha.31.19 "Athra Sukhra Mazda" "Radiant fire of Wisdom"

آتش تابناک خرد

Ha.34.04 "Athram Ahura" "Fire of Creation"

آتش آفرینش

Ha.43.04 "Garma Athrav Asha" "Warmth of the Fire of Asha"

گرمای آتش اشا

Ha.43.09 "Thwahmai Athre" "Your Inner Flame"

آتش درونی

Ha.46.07 "Thwamat Athras cha Managhas" "The Fire of your thoughts"

آتش اندیشه

Ha.47.06 "Athra Vangha ranoibya" "Fire benefits all"

آتش سود رسان به همه

Ha.51.09 "Athra Sukhra Mazda" "Radiant Fire of Wisdom"

آتش تابناک خرد



Azar

3764

November-December

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT						<b>1</b> ORMAZD <b>22</b> KHOD-AH
<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>24</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS
<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>DECEMBER</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS
<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND
<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD



9 Azar

AZARGAN

Fire reverence day

# YALDA / ZAYESH-E-MEHR

1st Dey / Dec 21/ 22

Yalda, or Zayesh-e-Mehr, celebrates the Winter Solstice; its highlight is the longest night. It is the start of the winter season, which lasts 88.9 days and is the shortest. In Mithraism, this day was celebrated as the birth of the Sun because from the next day, the days get longer, and the sun is growing according to them. They called this day "Zayesh e Mehr" - Birth of Mehr-the Sun. Yalda is a Syriac translation coined by the Assyrian Christians who replaced the Sun God with the Son of God. The celebration of Deygan's long winter night involved the recitation and discussion of the Gathas, which, on the revival of the festival by the Iranians, was replaced by the recitation of the 14-century poems of Hafez; today, Zarathushtis, unaware of their past, do the same.



And your reward for the adoration of Creation And righteousness,  
Gives society good passion,  
When goodness influences the mind  
It drives away the Truth-Seer  
Thereafter, Wisdom happily progresses  
Zarathushtra – Gatha -Yasna Ha 34.3 (FR)

و پاداش شما برای ستایش هسی و درستکاری،  
به جامعه اشتیاق خوی می دهد،  
وقی خوی بر ذهن تأثیر می گذارد  
غیب گورا می راند  
پس از آن، خود به خوشحالی پیسرفت می کند.  
زرتشت – گات ها – یسنا - هات ۳۴ بند ۳ (ف ر)

## CELEBRATION OF THE LIFE OF ZARATHUSHTRA

Dey 5 / December 25

Zarathushtra, the Sage of ancient Iran, was born on the 6th day after the Vernal Equinox in 1768 BCE. Zarathushtra, at a young age, was in quest of knowledge. He wanted to find out the purpose of life on earth. He found his answer in nature, but when he proclaimed it, he met with opposition in the country of his birth. So, he left and searched for someone who would understand him. He found that person in King Vistasp of Balkh and his wise ministers, Jamasp and Frashaoshtra. It is said he was 30 years of age when his teachings were accepted. Thus, 1738 BCE is considered the first year of establishing his school of thought, named the 'Mazda Yasni' (Reverence unto

Wisdom, those who respect and pursue Wisdom). In the Avesta, it is repeatedly mentioned as 'Mazdayasno Ahmi Mazdayasno Zarathushtrish'. In the first verse of his Gathas, he seeks and wants everyone to seek WISDOM.

He passed away at the age of 77. He practised what he preached and achieved immortality with his Gathas, which throughout history have influenced civilizations and will continue to influence them to progress towards Perfection in harmony with Nature.

Dey

3764

December 2026-January

2027

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
	<b>1</b> ORMAZD <b>22</b> YALDA	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>24</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION
<b>7</b> AMORDAD <b>28</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>31</b> WATER	<b>11</b> KHOR <b>JANUARY</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR
<b>14</b> GUSH <b>4</b> LIFE	<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING	<b>18</b> RASHN <b>8</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY
<b>21</b> RAM <b>11</b> PEACE	<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENCE	<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY
<b>28</b> ZAMYAD <b>18</b> EARTH	<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT				



1 Dey

YALDA

Winter solstice - Yalda is a Syrianic word meaning the birth

5 Dey

ZARATHUSHTRA CELEBRATION OF LIFE



# SAADEH



**Bahman 10 / January 30**

Sadeh is a festival that originated in Aryana Vaejah, the Arctic home of the Zarathushtis' ancestors. Saad means hundred, and Sadeh celebrates the hundredth day of Arctic winter, which falls on the 10th of Bahman (30 January). Winter in the Arctic begins 30 days after the Autumnal Equinox, marked with the celebration of Ayeh Threm (Coming of Winter) Gahanbar. The severity of the Arctic winter reduces after 100 days, and people start preparing for the Arctic summer.

**(Aban30 days+Azar30+Dey30+10 Bahaman=100)**

## MISCONCEPTIONS

Some count the hundred as fifty nights and fifty days to Now Ruz; this concept fails every four years when there are 51 days and 51 nights to Now Ruz due to a leap year. It is an attempt to distance the festival from its ancient scientific origin. Many repeat it without thinking.

*Ashem Vohu*

**Good Ashem**

*Ushta Asti*

**It is happiness**

*Hyat Ashaie*

**Who are Ashaie**

*Vahistem Asti*

**is the Best**

*Ushta Ahmai*

**Happiness for all**

*Vehistaie Ashem*

**for the betterment of Ashem**

*وهیستم اسی*

**بهترین است**

*اوشتا اهمای*

**خوشبختی است خوشبختی برای همه کسانی که**

*وهیشتای اشم*

**برای برتری اشم**

*اشم وهو*

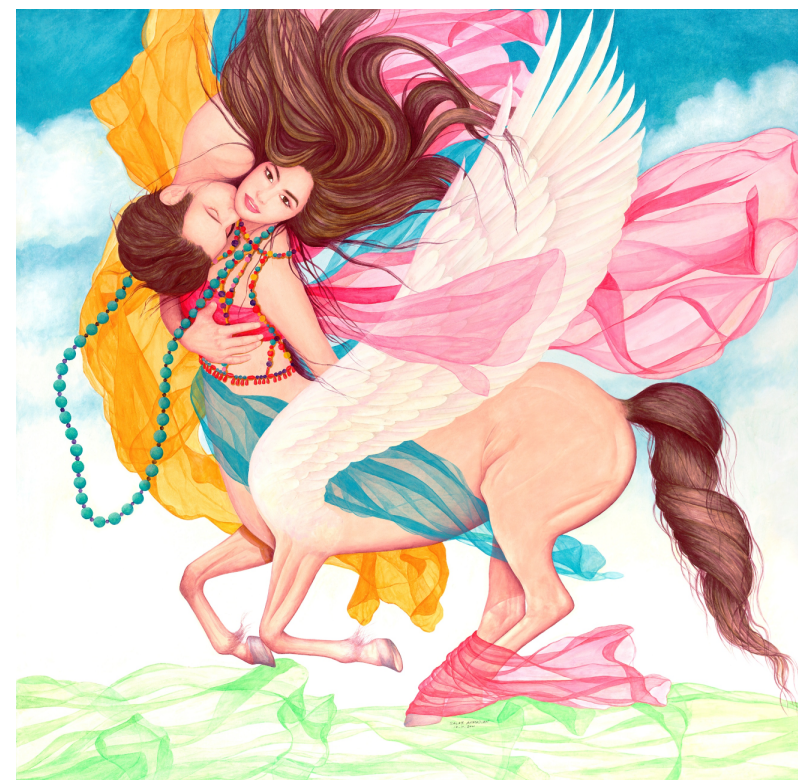
**اشم نیک**

*اوشتا اسی*

**خوشبختی است خوشبختی برای همه کسانی که**

*هیئت اشایی*

**هستند اشایی**



That you ask

Truly I say

(In) Creation **Nobody** holds

The Earth down, and the Sky from falling down

Who water and plants,

Who to wind and dark clouds, imparts swiftness,

**No One**

Good creation Wisdom brings about through thoughts

Zarathushtra – Gatha -Yasna Ha 44.4 (FR)

و این که شما می پرسید

براسی من میگویم

در هسی کس نه نگهدارنده

زمین پائین و آسمان از افتادن

کی آب و گیاه

کی باد و ابر تیره را بخشیده تند

**کس نه**

آفرینش نیک راخورد از طریق اندیشه پدید می آورد

زرتشت – گات ها – یسنا - هات ۴۴ بند ۴ ( ف ر )

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bahman	Ardibehest	Shahrivar	Espand	Khordad	Amordad	Ormazd
			<b>1</b> ORMAZD <b>21</b> KHOD AH	<b>2</b> BAHMAN <b>22</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>23</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>24</b> GOOD LAWS
<b>5</b> ESPAND <b>25</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>26</b> PERFECTION	<b>7</b> AMORDAD <b>27</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>28</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>29</b> FIRE	<b>10</b> ABAN <b>30</b> WATER	<b>11</b> KHOR <b>31</b> SUN
<b>12</b> MAH <b>FEBUARY</b> MOON	<b>13</b> TIR <b>2</b> RAIN STAR	<b>14</b> GUSH <b>3</b> LIFE	<b>15</b> DEY BE MEHR <b>4</b> CREATION-FEELINGS	<b>16</b> MEHR <b>5</b> LOVE	<b>17</b> SOROUSH <b>6</b> HEARKENING	<b>18</b> RASHN <b>7</b> JUSTICE
<b>19</b> FARVARDIN <b>8</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>9</b> VICTORY	<b>21</b> RAM <b>10</b> PEACE	<b>22</b> BAD <b>11</b> WIND	<b>23</b> DEY BE DIN <b>12</b> CREATION-MENTAL	<b>24</b> DIN <b>13</b> CONSCIENSE	<b>25</b> ERD <b>14</b> RECOMPENSE
<b>26</b> ASHTAD <b>15</b> JUSTICE	<b>27</b> ASEMAN <b>16</b> SKY	<b>28</b> ZAMYAD <b>17</b> EARTH	<b>29</b> MANTRASPAND <b>18</b> HOLY WORD	<b>30</b> ANARAM <b>19</b> ENDLESS LIGHT		

**2 Bahman**

**BAHMAN GAN**  
Good thoughts day

**10 Bahman**

**SADEH**  
100th day from the start of Arctic winter, which starts from the 1st of ABAN

**14 Bahman**

**GHANBAR MAIDH YAREM, MID WINTER**  
The middle of the tropical winter. Winter is 88.9 days, so mid-winter is the 44.45th day. (Dey =30 + Bahman 14 =44)

# ESPAND GAN

5 Espand

SPENTA ARMAITY

## WOMEN & EARTH DAY



Through you, not Ahura Mazda

Ashem also brings fury

And Mind is the best

That which strives to give good guidance

For you to be worthy

Mighty, satisfied, also worthy of praise

Zarathushtra - Gatha - Yasna HA 28.9 (FR)

از شما ، نه اهورا مزدا

اشم نیر. میتواند زیان آور باشد

منش بهرین است

زمنی که تلاش میکند بیافریند راهنمای خوب را

تا شما شایسته ، توانا ، رازی و نیر.

شایسته ستایش باسی

زرتشت - گات ها - یسنا - هات ۲۸ - بند ۹ ( ف ر )



Detail of a Relief of The eastern Stairs of The Apadana, Persepolis, Iran

It is truly our safe refuge; it is for our progress

It gives strength to good creation of the mind as a gift

And through Asha's Wisdom, vegetation grows

In Creation originally, life was thus truly born

Zarathushtra - Gatha - Yasna Ha 48.6 (FR)

این واقعا پناهگاه امن ماست، برای پیسرفت ماست

نیرو می دهد به آفرینش خوب ذهن، به عنوان یک هدیه

و از طریق خرد اشا گیاهان رشد می کنند

در هسی زندگی بدین ترتیب در اصل، زاده شد

زرتشت - گات ها - یسنا - هات ۴۸ - بند ۶ ( ف ر )



# Espand

# 3764

# February-March

# 2027

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BAHMAN	ARDIBEHEST	SHAHRIVAR	ESPAND	KHORDAD	AMORDAD	ORMAZD
					<b>1</b> ORMAZD <b>20</b> KHOD AH	<b>2</b> BAHMAN <b>21</b> GOOD MIND
<b>3</b> ARDIBEHESHT <b>22</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>23</b> GOOD LAWS	<b>5</b> ESPAND <b>24</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>25</b> PERFECTION	<b>7</b> AMORDAD <b>26</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>27</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>28</b> FIRE
<b>10</b> ABAN <b>MARCH</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE
<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL
<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> AHUNAVARD	<b>26</b> ASHTAD <b>17</b> OUSHTAVARD	<b>27</b> ASEMAN <b>18</b> SPENTAMAD	<b>28</b> ZAMYAD <b>19</b> VOHU KHASATRA	<b>29</b> MANTRASPAND <b>20</b> VAHISTA ISHTA	



5 Esfand

ESPAND GAN

Women & Earth Day

29 Esfand

HAMAS PATH MAEDEM, GAHANBAR, MIDDLE OF COLD & HEAT, EQUALITY OF COLD AND HEAT

Just when winter is ending, and spring is starting

# NATURE'S CALENDAR

## 2026-2027



Compiled by  
Fariborz Rahnamoon

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