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# Now Ruz

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NOW RUZ the Iranian New Year is the only scientific New Year celebrated in the world today. It is celebrated exactly at the moment when the Vernal Equinox takes place. Now Ruz has crossed all religious and national boundaries and is celebrated by all the people that once formed the great Persian Empire. Religions that originated in Iran after the Islamic invasion, namely the Bahai religion and the Ismaili Muslims have both incorporated Now Ruz into their religion.

Mythologically Now Ruz dates back some 12,000 years to the last Ice Age when Shah Jamshid celebrates the first Spring after the ice age.

The word Now Ruz has become a proper name and lost its actual significance. It is made up of two Persian words, NOW meaning New and RUZ meaning Day. The word Now-Ruz along with the word Nim-Ruz meaning Mid-Day was coined by Zarathushtra to record two natural phenomena. In the Avesta, Mehr Yasht 102-104 we are told of the location of the Natural Meridian of the earth at [NIM RUZ](#)<sup>1</sup> from where the Mid-Day Sun shines over the entire hemisphere, from Japan and Australia to Africa and Europe.

The coining of the word Now-Ruz the New Day goes back to 1725 BCE, thirteen years after Zarathushtra's teachings was accepted by King Vistasp and he had settled on the banks of Lake Hamoun in Sistan, Balkh. While he was engaged in astronomy he calculated that on the New Year of 1725 BCE the Vernal Equinox and the Sunrise would coincide in the Kingdom of Balkh close to where he lived. He informed King Vistasp of the phenomenon, who proclaimed the New Year (**Saal-e-Now**) of 1725 BCE as the New Day, **Now Ruz**. This coinciding of the Sunrise with the Equinox happens every year but at a different location and is a once in a lifetime event at any location. Whenever it happened in the Persian Empire it was recognized with a special celebration.

There is archaeological evidence of such a celebration by King Darius in 487 BCE in his Apaddan Palace at Persepolis, where a stone pillar was erected and the first rays of the rising sun fell on this pillar at exactly the same moment as the Vernal Equinox occurred. The Bas Relief surrounding the palace is all about the celebration of the Now Ruz of 487 BCE. This astronomical phenomenon of 487 BCE and 1725 BCE is verifiable. The pedestal of the pillar still exists and every year on Now Ruz people gather at Persepolis to see the sunrise but it has never again coincided with the Equinox at that location.

## **NOW RUZ 2024 IN ERBIL KURDISTAN**

**In 2024 this phenomenon will occur in Erbil Kurdistan. At 6:06 AM the Vernal Equinox will happen and so will the Sunrise at that very moment on March 20 (at 6:06 AM.) This is the real Now Ruz - the New Day and shows the science of the ancient Iranians.**

In 2024 we should all go to Erbil and celebrate this phenomenon and draw the world's attention. It is customary in Kurdistan to light a torch and go up the mountain to welcome the New Day and for the first time in our life, we can be welcoming the New Day exactly at the time of the Equinox. Like it was celebrated by Daryush in 487 BCE and Zarathustra in 1725 BCE.



## CELEBRATION

In ancient times Now Ruz was celebrated for 21 days. Today in Iran, it is celebrated for 13 days. People visit each other and on the last day everyone picnics out in the open field for the whole day. The main feature of the celebration is the Now Ruz Table (**Sofreh Now Ruzi**). This table is arranged differently in the different countries but all have a common theme. They are all arranged to indicate **Seven (HAFT) parts**. In Afghanistan, they place on their table seven bowls of different dry fruits. They call it “**Haft Mewa**”.

Among the Zarathushtis in Iran, it used to be Seven Trays “**HAFT SEENEE**”. **The Seven Trays** represented the **SEVEN ETERNAL LAWS OF NATURE** as propounded in Gathas. <sup>2</sup> In each tray were placed numerous items of individual choice like coloured eggs, pomegranates, a live fish in a bowl, a mirror, needle and thread, a small broom, a source of light, various fruits and dry fruits, confectionery, bread and honey, a pot of flowers, sprouted grain, the Avesta and many more items of individual choice. Guests would be served the fruits and sweets from the table which would be replenished. What was of importance was the “Seven Trays” “Haft Seenee” representing the Seven Eternal Laws as under.

- 1- **Good Mind** (*BAHMAN- VohuMana*) Use your Good Mind to inquire and learn the
- 2- **Ultimate Truth** (*ORDIBEHST-Asha Vahista*) the Laws of Nature- the Secrets in Nature -Use them to make
- 3- **Good Rules** (*SHAHRIVAR- Khash Atra Variya*) Good Laws- Good Products – Which will lead to
- 4- **Lawful Desire** (*ESPAND- Spanta Armaity*) Righteousness – that will pave the way toward
- 5- **Wholeness** (*KHORDAD- Hurvatata*) Mental, Physical and Spiritual – which will lead to

6- **Immortality (AMORDAD)**- (a) Being remembered for your good work for generations

(b) Losing the fear of Death –resulting in oneness with

7- Ahura Mazda-**The Creator of Wisdom** KHOD-AH – **KHOD** = Self **AH** = to come.

To Realize God through **Self Realization**.

Among Iranian, those that were forced converts to Islam, the “**Seenee**” was replaced by the Arabic alphabet “**SEEN**” س and Seven individual items whose names start with the Arabic letter SEEN are placed in small bowls or trays on the table. Not being able to assign the noble philosophical values of the Gathas they invented symbols like SERKEH The Vinegar, I am sour but I am a good preservative, I symbolize Preservation. I am SUMAC, exotic in my way, I make your Kebabs have a tangy taste, I symbolize Taste. I am SEER Garlic I lower blood pressure, I Pacify; I symbolize Peace. I am SENJED the tasteless berry of the sorb tree. I am the fruit of a tree that provides shade in summer. I symbolize the shelter and security you need when you want to rest. etc. A huge contrast but they had no choice if they wanted to preserve their culture in a hostile environment.

Zoroastrians and Iranians in the West should revert to the “**Haft Seenee**”, the correct form of the Now Ruz table and demonstrate to the world the true teachings of Zarathushtra embodied in it, the very teachings that were gifted to Baby Jesus by the Magi’s. Who mastered it <sup>3</sup> and realized the final stage - Khod-Ah - and said “I and the Father are one”. <sup>4</sup>

For which Jesus was stoned by the people and crucified by the Romans, for promoting the Way of Life <sup>5</sup> of their rival, the Persians. Let us help the world shed the Roman Way of Life, that of using only one of our senses, the sense of Hearing. **Of Believing what we Hear** <sup>6</sup> without questioning it. Instead, let us adopt the MazdaYasni way of life, of not only **USING ALL OUR FIVE SENSES BUT OF USING THEM WITH WISDOM.**<sup>7</sup>



**FARKHONDEH NOW RUZ KHOJASTEH BAAD**



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<sup>1</sup> (63 degrees longitude in Balkh Afghanistan) [http://ahura.homestead.com/files/NouRouz/NIM\\_ROOZ\\_MAP.doc](http://ahura.homestead.com/files/NouRouz/NIM_ROOZ_MAP.doc)

<sup>2</sup> Gathas Yasna 28.3 and 28.10 <http://gathas.ca/>

<sup>3</sup> Bible Mathew 4. & Luke 4. Jesus is tested for the first three Laws Vohuman Asha Vahista and Khas Atra Variya.

<sup>4</sup> Bible John 10.

<sup>5</sup> Jesus in his sermons has mentioned all the Laws but misunderstood like-e.g: The one who does what is right is **righteous** (Espand) (John3:7) Be ye therefore perfect, even as your Father which is in heaven is perfect.'

(Hurvata)(Matthew 5:1-48) I give them eternal life, and they will never perish.(Amordad) John 10:28

<sup>6</sup> Angles, thooth faries, goblets, flying reindeers, bountiful immortals, etc.

<sup>7</sup> Gathas Ha 44.18 <http://gathas.ca/>



Pedastal of the pillar at Persipolis (covered by wodden plank to avoid damage)