

GATHAS
Of
ZARATHUSHTRA

Truly with these facts
We shall keep our thoughts good forever
In harmony with the Wisdom in Creation

I instruct that
You all declare your mind's findings
Through the word of mouth
Whereby creation first comes into being
Zarathushtra - Gatha - Yasna 28.11 (FR)

COMMENTS

In this verse Zarathushtra tells us about the purity of thoughts and the results of such thoughts. He says by perusing the truth one can keep ones thoughts pure and good. Thoughts are said to be good when they are in tune with the Wisdom in Creation - that is, hand in hand with nature. Any thought going against nature in any way is not good.

In the second part we are told how things come into being. Thoughts that are converted to words can become reality. We have many thoughts and ideas that come to us and fizzle out without any thing happening. It is only those thoughts that we speak of and discuss that can develop into reality. This is true of small matters in our daily life as it is true of great inventions and creations or the policies and politics of nations. Everything that is created or that happens was first a thought that has been spoken by someone.

The connection between the two facts laid down in this verse is that: Since creation is first in the form of thoughts, **our thoughts should be good**. The judgment as to which thoughts are good is based on them being with nature not against it. Since thoughts that are converted into words can become reality only good thoughts should be converted into words so we should always speak **good words**. Good thoughts and good words will thus result in **good deeds** and good creation.

Thus we have the famous maxim

GOOD THOUGHTS - GOOD WORDS - GOOD DEEDS