

GATHAS THE BEACON IN THE 21st CENTURY

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Every thing that is created was first a Thought.
So let your Thoughts be Good
Good Thoughts are those that are in harmony with the Wisdom
in Creation

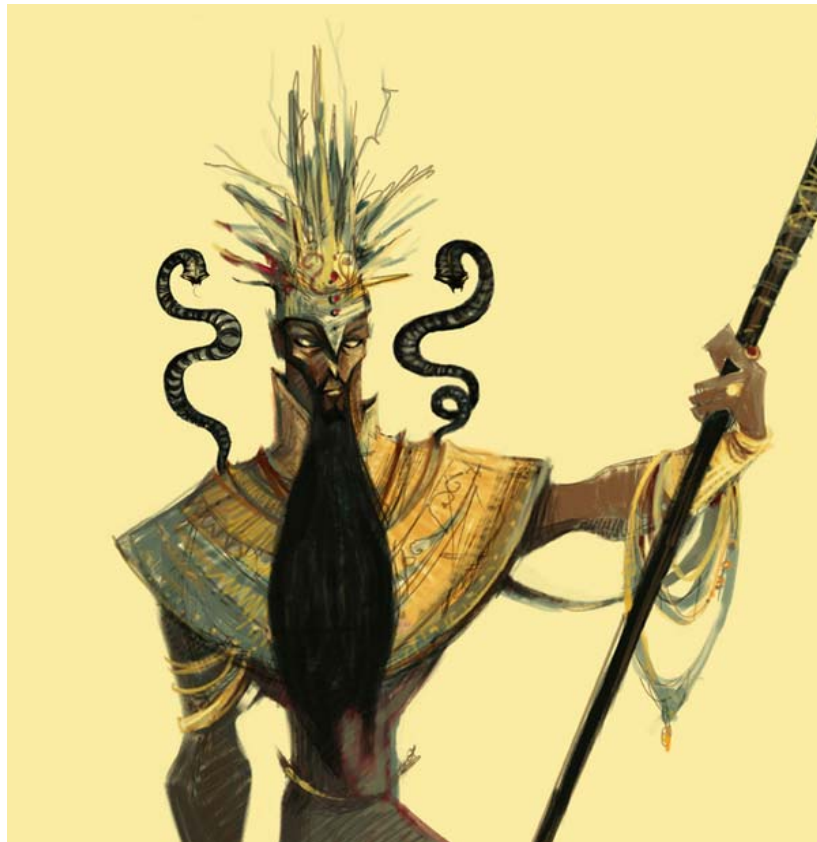
Let your Good Thoughts be know through Good Words
For that's when Creation first comes into being

ZARATHUSHTRA - GATHA - YASNA HA. 28.11 (FR)

Therefore

GOOD THOUGHTS - GOOD WORDS - GOOD DEEDS

In the Shahnameh we are told that there was a king by the name of Zaahak who was kissed on the shoulders by the conniving devil and on those spots where he was kissed two snakes appeared. King Zaahak had to feed them with the brains of the youth otherwise the snakes would devour him.



Zahaak courtesy [Pary Shahsamandi'](#)

These stories are symbolic. The snake eating the brain of the youth means corrupting the brain of the youth. So the king was formatting and configuring the brains of the youth with evil. Why youth? The beliefs that are implanted in the human brains as a child remain with us till we depart. No amount of truth, no amount of knowledge gained in latter years, can change those beliefs.

The Persians are said to have evolved the domestic hen from the wild fowl. We humans have evolved the dog from the wolf but we still believe in Adam and Eve.² When our Sassanian ancestors had their back against the Roman wall and could not find the story of Adam and Eve in our ancient books they created one and called it "Mashya and Mashyaneh". When they lost the key to our earthly Paradise they commissioned Arda Viraf to write about heaven and hell.

As a child if you believe in all what is being formatted into your brain in latter life you become an orthodox, a conservative, if you make fun of those beliefs you become a non believer, if you love it but can't digest it you become a reformist.

With these facts in mind let's visit the Persian history and the Gathas.

The history of the Persians that has come down to us over the last two millenniums is that what is written by our adversaries.

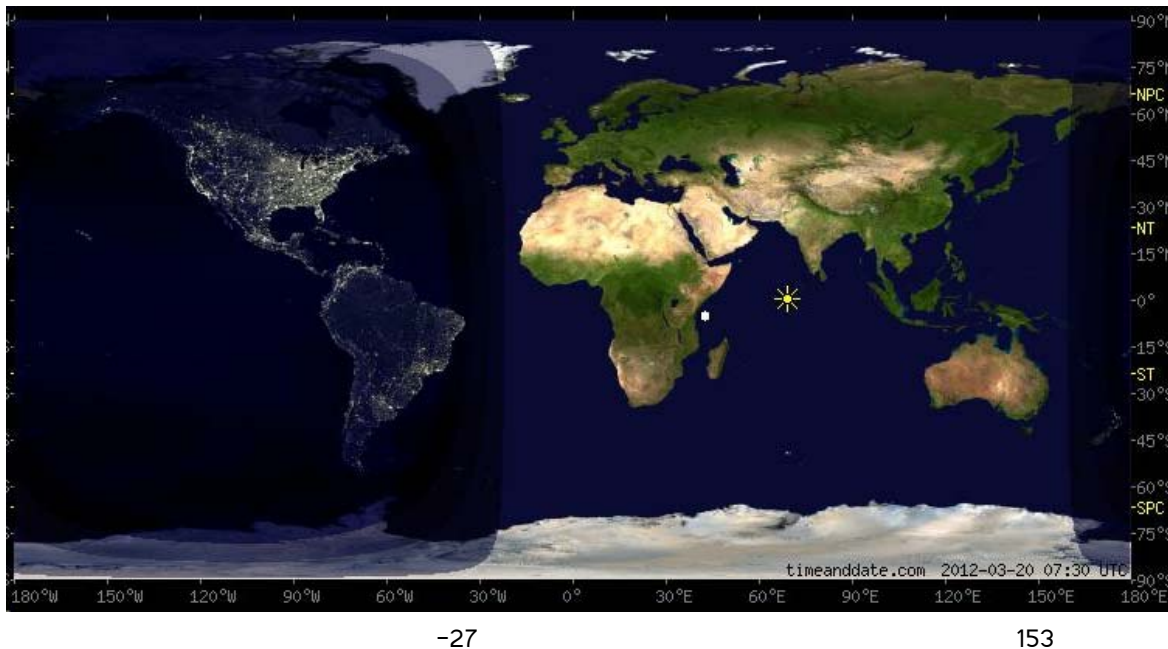
As for the Gathas of Zarathushtra only 241 authentic verses have come down to us. The authenticity of which is vouched by the language and meter in which it is composed and leaves very little doubt, if any.

History tells us that Zarathushtra was troubled by the thoughts and deeds of Dev worshiping Kavis and Karpans. He stood up against organized religion of his time and came up with the concept of One God whom he called Ahura Mazda the Creator of Wisdom. He had no buyers in the place of his birth where the devil had eaten their young brains. So he travels and finds himself in the kingdom of Balkh which comprised of modern day northern Afghanistan, north eastern Iran, southern Turkmenistan Uzbekistan and Tajikistan. King Gustasp of Balkh accepts the concept presented by Zarathushtra and adopts it.

Given the knowledge that result in goodness (deeds)
Gained through the mind
Truly gives righteousness
Vistasp desired for his people and
Decreed that truly Wisdom shall rule and
That those words should be carried out by all grades
ZARATHUSHTRA - GATHA - YASNA HA.28.7 (FR)

NIM ROUZ

Zarathushtra does not turn himself into a meditating mound nor does he go to the mountain top or in the deep cave to take instruction from his God. He instead builds a planetarium near Lake Haamun in Sistan and does research, the result of which can be verified even today. He calculates that when the sun is overhead on 63 degrees longitude near the modern day border of Afghanistan and Iran there is sunshine over all the continents in the Eastern hemisphere, namely from Australia and Japan the land of the rising sun to the western tip of Africa. So he names that location **NIM ROOZ** meaning Mid Day and is the only scientific Meridian that we can come up with.



$$27+153=180$$

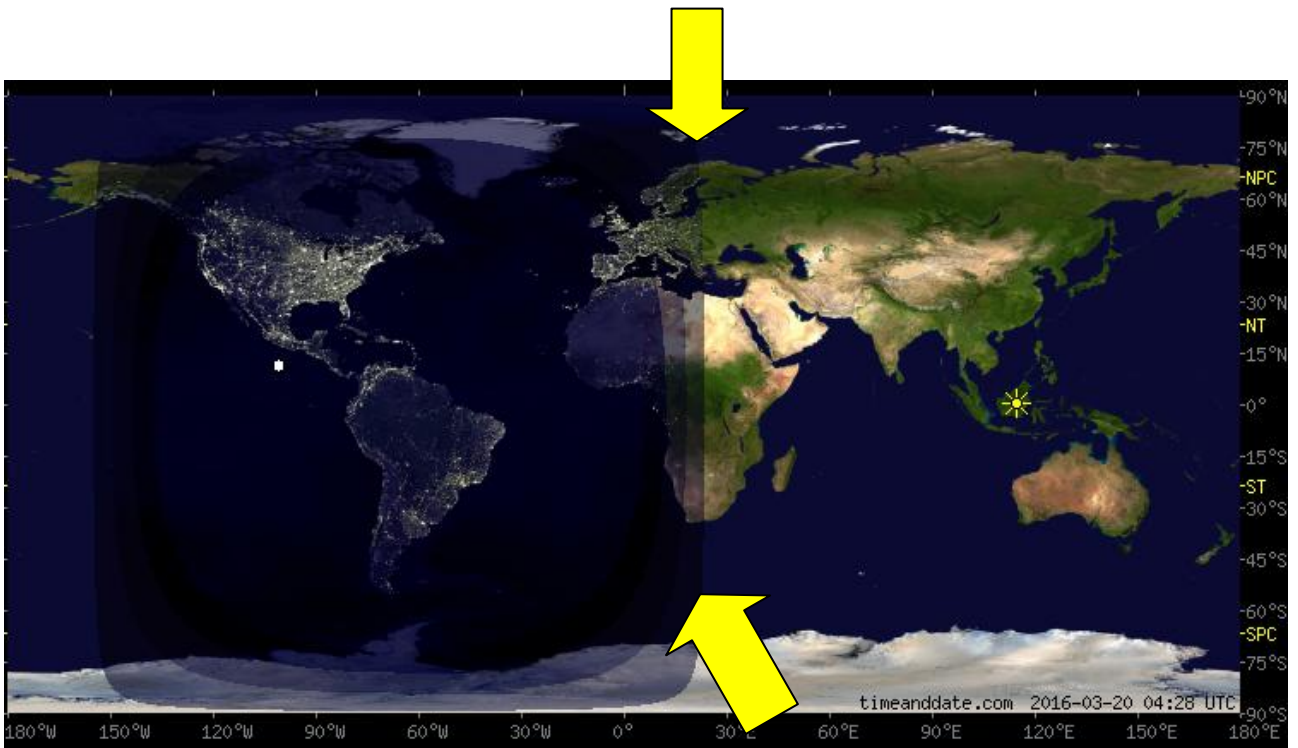
Avesta has recorded this in Mehr Yasht Kardeh 103-104, It says that from this location, 63 degree longitude, "The arms of Mitra stretch out over the boundaries of the earth". Even today if you refer to the political map of Afghanistan you will see that the location is to this day called the Nim Rooz Province.



Map of Afghanistan

NOU ROOZ

Next Zarathushtra pre-calculates that the Equinox of 1725 BCE would coincide with sunrise in Sistan. So he names that particular New Year – New Day - Nou Rooz. There after when ever this phenomenon occurred in Greater Iran it was celebrated with extra vigor as Nou Rooz. The rest of the Equinoxes were just regular New Year - Sal E Now.



EQUINOX 2016
SUN RISE WILL COINCIDE EQUINOX
ON THIS LINE WHERE A MAJOR CITY WILL BE
SOFIA IN BULGARIA

The Shahnameh confirms that the regular New Year was called **SAL E NOW** and not Now Rooz, when Ferdowsi tells us that the first New Year was celebrated by King Jamshid, on the first spring after the great ice age, on the day called Ormazd in the month of Farvardin.

"SAR E SAL E NOU ORMAZD O FARVADIN"

The other real Now Rooz is recorded in history when King Daryush celebrated it in Persipolis in 487 BCE. Persian scholars had pre-calculated and King Daryush had built the Apadana Palace to specification and placed a square stone at the entrance. Everyone had gathered in their best attire and was waiting the moment of the equinox. Just when the equinox was proclaimed the first rays of the rising sun lit the square stone. This was a rare occasion and dignitaries from all over the Empire had come to witness it and pay their respect to the **Science of the Persians**. We see that depicted in bas relief all over Takht e Jamshid.

All this becomes very important when we compare it with what happened to Galileo in 1615. Today the world is proud of Galileo because we have failed to tell the world that 3300 year before Galileo Zarathushtra knew more than him and our Avesta is full of such information which is lost to mistranslation.

What Zarathushtra did and said is true today as it was then. For Zarathushtra worked in the realm of science, not myth. Frashaoshtra the learned vazir of Gustasp is recognized in the Gathas for his desire to learn and promote universally the mission of Zarathushtra.

The progress through knowledge,
The seeking of supreme Ahuraic harmony,
Was the desire of worthy Frashaoshtra
For his people and other people
And even to show the way to all
Of the limitless good use of the Mind.

ZARATHUSHTRA - GATHA - YASNA HA.28.8 (FR)

WHAT DOES THE GATHAS TEACH¹

The Gathas reveals the Truth, analysis it, and shows the way to progress towards a better life, the best life, "**Be-hest**" a heavenly life.

The Gatha requires its followers to be wise, to become learned, to explore, to discover, to invent, to progress and not be bogged in traditions. Its theme is the human mind, which it analyses and guides.

The Gatha starts by seeking perfect-ness of the mind, Wisdom, Mazda. The goal is, to harmonize the human spirit with the universe.

This I seek with reverence
With uplifted hands
The perfect-ness of the mind, Wisdom (Mazda)
The first good rule to Asha* is
All should aspire to make
Good use of the wisdom in the mind
To create harmony between the universe
And the inner-self* *.
Zarathushtra – Gatha – Yasna 28.1 (FR)

**ASHA – The law of nature, the law of the Universe. The Truth.
** (Urvanem) (Human spirit) (Spiritual force of the mind)*

The next step is (to make use of the wisdom) to acquire the knowledge of the "Wisdom in Creation" and gain control over the physical and the mental forces and become enlightened.

¹ Please note that the translations of the Gathas given below are word-by-word translation without having consideration for the English grammar.

Certainly, I shall acquire
The Wisdom in Creation
Through Good use of the Mind
I shall master the dual forces
Physical and Mental
Through Knowledge
Whereby desiring, and achieving enlightenment.
Zarathushtra – Gatha – Yasna 28.2 (FR)

Having achieved enlightenment, with the use of the good mind, understand “Asha” the truth, the laws of nature, the laws of the universe. Then make good rules, give good guidance, making sure they are in tune with Asha, the laws of nature. Such rules will never wane and will increase righteousness and lead us towards perfection.

Truly, the Asha (Truth) derived
By the good mind
Never before known
Among the wise and in the universe
With it, make good rules, never waning
Increasing righteousness
Leading us towards Perfection
Zarathushtra – Gatha -Yasna Ha 28.3 (FR)

The human mind, the mental force, has a spiritual part, the “urvamem” the inner-self. This spiritual part of the mind derives satisfaction when there is harmony between the thoughts and the laws of nature, the Wisdom in Creation. The result is good deeds, good products, and good creation. This is an ongoing process and as long as each one of us has the strength, we should strive for the truth, **and also teach others to strive for the truth.**

Truly, the spiritual result is high (*when*)
Goodness leads to harmony in thoughts
Which result in good deeds
In tune with the Wisdom in Creation

As long as I have strength
So long will I teach to strive for Truth
Zarathushtra – Gatha –Yasna Ha 28.4 (FR)

It is also the duty of every person who derives the truth, to pass on the knowledge to those who do not know, and thereby keep the process of progress continuous. An important point is that the information is not to be forced upon others but be passed on by

speaking. **Persuasion and not persecution is the mode of passing on the message and showing the path of progress.**

Asha when you gain
With minds good use
Having realized wisdom
The path to creation (righteousness)
The ultimate message of Wisdom
Through words excellent
We shall turn (convert)
Those who do not know
With tongue (By speaking)
Zarathushtra – Gatha -Yasna Ha 28.5 (FR)

For those who believe, that there is no conversion in Zarathushtism this verse clearly shows that they are wrong, and that Zarathushtra wants everyone to reap the benefit and does not limit the fruits of wisdom for a chosen or limited group.

It is common belief among people that natural calamities are the work of God. Even insurance companies will not pay claims by calling floods, hurricanes, earthquakes and the like, an act of God. The Gatha makes it clear that God is not to be blamed for them.

It says; the laws of Nature - Asha - can also bring about disaster, Ahura Mazda is not to be blamed for them. It is nature taking its' natural course that causes disaster. We do not have to give up, and accept the disaster as the wish of God. Instead, we should use our mind and find a way to stay out of harms way, while nature takes its course. He further says that, the best mind is the one that gives good guidance to survive such situations in future. Like the Japanese, who have acknowledged that their land is earthquake prone and so are designing their lives in such a way that they can withstand the earthquakes without loss of life and property. The Japanese are worthy of praise as per the Gathas.

These, you, not Ahura Mazda
Asha also brings fury

Mind also is the best
That which strives' to give good guidance
For you to be worthy
Mighty, satisfied, also worthy of praise
Zarathushtra - Gatha - Yasna HA 28.9 (FR)

About creation, the Gathas draws our attention to the fact that everything that is created was first a thought. Therefore, we should keep our thoughts good and in tune with the wisdom in creation. Then again, the fact is that, we may have many thoughts but only those that we discuss and talk about with others that become reality. Therefore, we need to declare only our good thoughts through good words, so that we end up doing good deeds and creating good products. While theologians are still looking for the secret of creation, the Gathas has not only revealed it but also given guidelines to avoid creating a Frankenstein.

The Wright brothers though of flying, they studied nature discussed it, designed, and created a flying machine in the shape of a bird. Then somebody had bad thoughts, it was not in tune with nature, but they discussed it and loaded the planes with bombs. That is why there is the maxim GOOD THOUGHTS, GOOD WORDS, GOOD DEEDS. Avoid converting your bad thoughts into words.

Truly with these facts
We shall keep our thoughts good forever
In tune with the Wisdom in Creation

I instruct that
You all declare your mind's findings
Through the word of mouth
Whereby creation first comes into being
Zarathushtra - Gatha - Yasna 28.11 (FR)

This is just the beginning of the Gatha simple but full of Wisdom.

The Gatha has passed the practicality test in history, but has failed against the dark force in human nature that desire and conquer the human imagination and enslave the human spirit, by making it believe in supernatural forces and not see the plain truth. The Gathas require the use of "Wisdom" "Mazda" but it is easier not to use it. Religion offers the opportunity; it banishes those that use their wisdom.

Zarathushtra makes it clear in the Gathas itself as to what to expect from the Gathas. He says he is going to speak of the high quality of wisdom that is desired by the wise, about the creative qualities of the mind, and its good creations, about Asha and its powers. The aim of all these is to help everyone progress towards perfection. Perfection is the foremost aim of Zarathushtra in his Gathas; Perfection is an on going process each generation improving on the previous.

Now of these shall I speak to those eager,

That quality of wisdom that all the wise wish
And call creative qualities
And the good creations of the mind
The all-powerful truth (Asha)
Truly and that more & better ways are discovered
Towards perfection
Zarathushtra - Gatha - Yasna 30.01 (FR)

The road to perfection is varied; every person has to choose his own path. To do that one has to listen to the best with an open mind and from among the hundreds of paths choose one most suitable for oneself. Every human being has a natural ability and liking for something, provided it is honorable, good and beneficial one has to choose the best course and progress on that path to perfection. Like, an artist can achieve perfection in his art and so can a doctor, an engineer, or a farmer achieve perfection in what they do.

There are a few point of interest to be noted here; first that the choice is between the best, second that one has to have an open mind, third that each person should chose the path of their liking, which usually is that which one has a natural ability for. People who like and enjoy what they do are those that are more successful.

Listen with your ears to the best
Consider with open mind
Among the paths before deciding
Person by person for his own self

Before greatness of this message
Is truly spread understand each one
Zarathushtra - Gatha - Yasna 30.02 (FR)

This verse is often mistranslated and is the one that is frequently quoted with pride, with regard to freedom of choice. The mistranslated version says there are "two paths" meaning the good and the bad path, and you can choose one. In other words, you have the freedom to choose the bad path. First of all, the word "path" is in the plural form only and the word "two" is not mentioned in the Avesta text the translators presume it. More importantly, the first line talks of listening to the "Best" now how is the "bad" included in the "best"? This is an example of the wrong influence of the dualism of Mani and Mazdak, which has crept into the Pahlavi commentaries and used by the modern day translators of the Gathas, thereby changing the whole concept of the Gathas.

Once again, Zarathushtra shifts the blame away from God. He says we humans bring about happiness and pain on our selves by our thoughts and deeds. The God of Zarathushtra is above such blames. Those who practice evil harm progress and also the followers of the righteous path. If this fact is understood, there will be enlightenment among the human kind.

That these laws you understand
That wisdom has given humans
Happiness and pain
And that practice of evil harms
Progress and followers of truth
And as a result of these shall come illumination
Zarathushtra - Gatha - Yasna 30.11 (FR)

How true, when we look at all the suffering and pain that exist in the world today all have a human cause. From the terrorist activities to wars, from global warming to Aids, from family feud to national disputes and the list can go on. Above all, the suffering that religion has caused for centuries, by believing in one God with different ideologies and each one thinking that God has ordained their ideology.

Zarathushtra sees the human mind as the cause of all the evil and happiness; he further pins the blame on the leaders. It is the leaders who do the most harm for they chose the evil thoughts and pass it on to their followers. These evil thoughts combined with anger bring about death and destruction.

From these thoughts
The evil thinkers
Do not choose the good ones
Even those who follow them

Questioning revealed
That they teach worst thoughts and anger,
This together goes towards
That which destroys life mortal
Zarathushtra - Gatha - Yasna 30.6 (FR)

The Gathas has the solution to this problem of the human mind. It says that giving good guidance and awakening the person to realize the truth will help that person progress and achieve righteousness. This will also benefit those who are close to such a persona and are the followers of such a person. Unfortunately, some modern religions being aware of this fact have forbidden their followers to listen to logic

by claiming that God is all knowing and everything has been ordained before hand.

The Gathas does not want the knowledgeable people to give up in their effort to guide those that are mislead, for it says good knowledge will achieve righteousness without fail and this method has been tested successfully before.

This message and good guidance shall bring
On the mind good knowledge
And such person will progress
Will achieve righteousness without fail
So shall those near them
This has been tested successfully before
Zarathushtra - Gatha - Yasna 30.7 (FR)

Now that brought upon them
To change, collectively, their mistakes
Now wisdom brings upon them good rule
Good use of the mind shall show them
To learn of creation

So by giving knowledge
Conquer the false one
Zarathushtra - Gatha - Yasna 30.8 (FR)

The Gatha gives importance to good knowledge and its power to win the unrighteous ones over to follow the right path.

The Gathas is not something that has to be hidden it is something that has to be spread.

CONCLUSION

Zarathushtra changed the paradigm of human belief. He raised humans to a higher level of existence. He pulled them out of slavery to petty gods and made them realize that they were creators themselves, that it was their creations that made them different from animals and not that they were walking upright. He revealed the secret of creation and showed how they could be good creators.

He made them realize how important a gift it was to be able to think, provided the gift is properly used. He explained the thinking process and the results of good thoughts, the importance of leadership and its influence on its followers, the importance of nature and the harmony

of human thoughts with nature. He oiled the human mind and put it into motion.

Slowly but steadily progress was being attained when unfortunately for us humans, the evil thinkers took control; the very philosopher whom the Persians had trained turned against them and advised Alexander to destroy this benevolent pillar of civilization.

Systematically the followers of the teachings of Zarathushtra were disoriented, by killing the experienced and training the youth. In the scuffle that followed Organized Religion became the mode of the day. They used the weakness of the human mind to their advantage; very soon, the evil part of the human mind took over under disguise of benevolence. This time everyone became slave to a single God, to the advantage of the inner enclave, the keepers of the house of God.

In their effort to reorganize, the Persians in their weakness, fell into the trap of their enemies, and fashioned their religion on that of their enemies. Mashya and Mashyaneh were introduced to counter Adam and Eve, Arda Viraf was commissioned to describe heaven and hell and a bridge was built for the dead to cross over to it. Gathas, the teachings of Zarathushtra became prayers in this reorganized religion.

Today many of the learned among the humans have realized the futility of their way of life and are staying away from organized religion. It is time to revive the Gathas, but not the Gatha that has been translated to walk the path of organized religion. The original Gatha, the Gatha that mentions God only EIGHT times.

The Gathas in which, Zarathushtra talks of perfection in this life on this very planet earth. His students have summarized the path towards perfection as the Haft Amasha Sepanta the seven Eternal laws.

- 1-VOHU MANA – Good Mind – Use your Good Mind to inquire and learn
- 2- ASHA VAHISTA- The Ultimate Truth- the Laws of Nature- Use them to make
- 3- KASH ATRA VAIRYA – Good Rules – Good Laws- Good Guidance- Which will lead to
- 4- SEPANTA ARMAITY – Lawful Desire – Righteousness – which will pave the way towards
- 5- HURVATATA – Perfection – Mental, Physical and Spiritual – which will lead to

6- AMERETATA – **Immortality** –a) Losing the fear of Death (b) being remembered for your good work for generations—resulting in oneness with

7- AHURA MAZDA – The Creator of Wisdom – through Self Realization- KHOD = **Self** AH = **to come**.

The very fact that the Persians as super powers brought about so much positive change and progress compared to the Greek of the same period who put Socrates to death speaks volumes and when we read the Gathas we realize the source of their outlook to life.

This very source, the Gathas of Zarathushtra, is what the intellectuals of the 21st Century who seeks knowledge and progress need to study and follow, to avoid repeating past mistakes. So that when they discover the atom they do not invent the bomb, when they learn to fly they do not use that power to drops bombs. When they study stem cells they do that what is best for mankind.

That these laws you understand
That wisdom has given humans
Happiness and pain
That and practice of evil harms
Progress and followers of truth
And as a result of these shall come illumination
Zarathushtra - Yasna - Gatha Ha 30.11 (FR)

Two thousand five hundred years ago the Gathas, in spite of great odds, and in spite of it being attacked to near oblivion, sowed the seed of progress and was instrumental in bringing about positive progress in the world. Today we need to recognize that and once again study and follow the Gathas with an open mind for today the world needs to understand and follow the real meaning of the Gathas as never before.

Every human being who aspires for the Ultimate Truth and is interested in progress, with peace, justice and prosperity; towards a heavenly life on this very planet Earth, needs to understand the GATHAS of Zarathushtra.

Every scholar and every researcher needs to understand the Gathas so that their research does not create a Frankenstein like the Atomic Bomb or the present day Global Warming.

Every businessperson needs to understand the Gathas so that progress and perfection, not wealth, becomes their premier goal.

Every Politician needs to understand the Gathas so that they create the environment for their nation to become righteous and a breeding ground for progress towards perfection.

Every leader, small or big, needs to understand the Gathas because a good leader makes a big difference in the life of the followers and the future of the world. The Gathas will help the leader make a positive difference.

Listen with your ears to the supreme facts
Consider with open mind
Between the paths before deciding
Person by person for his own self
Before greatness of this message
Is truly spread understand each one

Zarathushtra - Yasna - Gatha Ha 30.02 (FR)

¹ Picture of Zahak courtesy of [Pary Shahsamandi](http://www.zorastriankids.com) www.zorastriankids.com

² The human induced evolution of the wolf into a dog is well documented and proved. The human evolution is comparatively documented through archeology but we believe in being created like we stand today.