

# MAZDAYASNI CALENDAR

## 3755 z

### 2017-2018

## THE ANCIENT ZARATHUSHTI CALENDAR

**THE ONLY CALENDAR THAT NEEDS NO ADJUSTMENT FOR 110,000 YEARS**

“I learn about and work with the solar year, the righteous period”. Yasna Ha1.9, Ha 3.11, Ha 4.14

The 'vehizaki' month Farwardin, the month Ardiwahisht, and Khordad compose the season of Spring.

The month Tir, the month Amرداد, and the month Shahrewar are of Summer.

The month Mehr, the month Aban, and the month Adar are of Autumn;

and the month Day, the month Vohuman, and the month Spandarmad are of Winter. AVESTA - Bundahishn 25:25:

**THE ANCIENT MAZDAYASNI CALENDAR** was the most accurate calendar that has ever existed in the civilized world to this day.

The year always started with the Vernal Equinox whereby the leap year was automatically taken care of. Its accuracy was further enhanced by dividing the actual number of days of each individual season, into months. Thereby each season started on the first of the forth month and they were celebrated as festivals.

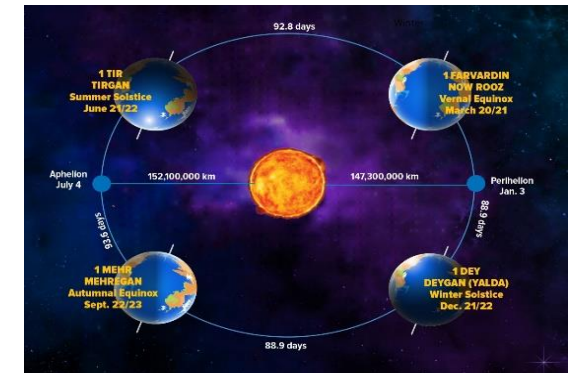
Seasons are marked by the position of the Earth in its orbit around the Sun so the accuracy of the calendar is guaranted by nature.

- 1- **Vernal Equinox** the beginning of Spring as New Year – **Now Rooz - 1 Farvardin**
- 2- **Summer Solstice** the beginning of Summer as **Tirgan 1 Tir**
- 3- **Autumnal Equinox** the beginning of Fall as **Mehregan 1 Mehr**
- 4- **Winter Solstice** the beginning of winter as **Deygan (Yalda) 1 Dey**

The best modern calendar needs an adjustment of one day every four years and is called a Leap Year.

The Mazdayasni Calendar needs an adjustment of one day every 110,000 years. (1sec./year)

[This fact has been recognized by TimeAndDate.com](http://TimeAndDate.com) as the **PERSIAN Calendar from the 2nd Millennium BCE**



The four positions of the sun and the four seasons although they may seem to be of equal length, in reality they are not equal. The path of the Earth around the Sun is such that it DOES NOT divide the time taken to travel, from one position to another, into four equal parts as one would ordinarily believe. In fact none of the 4 parts are equal. Spring has 92.8 days, Summer 93.6 days Autumn 89.9 days and winter is the shortest with 88.9 days. Each season individually divided works out to 31 days each for the first six months, the next 5 months of 30 days each and the last month of the balance of the days before the Vernal Equinox which is 29 or 30 determined by the Vernal Equinox.

Based on this premise and by incorporating other traditions the following calendar has been designed. The traditional names of the days of the Sasanian era are used and the 31st day of the first 6 months has been named “Avardad” the Pahlavi word meaning “extra day”.

**The Seven days of the week have been named after the Haft Amesha Spentas - The Seven Eternal Laws, to remind us of the path to progress.**

Check out the calendar below and for detail information please visit

<http://zarathushticalendar.com/> Or click [http://ahura.homestead.com/files/ARTICLES/ZARATHUSHTI\\_CALENDAR.pdf](http://ahura.homestead.com/files/ARTICLES/ZARATHUSHTI_CALENDAR.pdf)

<http://ancientiran.com/>

c: fariborz rahnamoon

## NOW ROOZ (1<sup>st</sup> Farvardin) (MARCH 20-21)

Now Rooz the New Year is the celebration of the Vernal Equinox and the Rejuvenation in nature. It is celebrated by all the people that once formed the great Persian Empire. The word Now Rooz is made up of two Persian words, **Now** meaning **New** and **Rooz** meaning **Day**. According to Persian mythology, King Jamshid celebrated the first spring after the great ice age, which science proves to have happened some twelve thousand year ago. Ever since then it has been part of the Persian culture and they have shared it with all whom they came in contact with. As for the coining of the word Now Rooz, meaning New Day it goes back to 1725 BCE, and was coined by Zarathushtra the great Sage of ancient Iran who has also given the world its first scientific **Meridian** at 63 degrees longitude, which he named **Nim Rooz** meaning Mid-Day. When the sun is at mid-day (Nim Rooz) position over 63 degrees longitude, the whole hemisphere from Japan and Australia to Europe and Africa has sunlight. (Mehr Yasht 103-4). Zarathushtra also calculated that in the year 1725 BCE at the time of the vernal equinox the sun would rise at Balkh where he lived thereby **the New Year and the New Day would start at the same time**. To record this rare phenomenon he named that particular New Year, Now Rooz - the New Day. Thus, **NOW ROOZ** happens where the sunrise coincides with the vernal equinox. As recorded in history, in 487 BCE once again Now Rooz was celebrated, this time at Persepolis where the First Rays of the rising sun lighted the especially erected stone tower, in the Apadana palace hall, at exactly the same moment as the Vernal Equinox.

**CELEBRATION:** The highlight of the Now Rooz celebration is the arranging of the **Now Rooz Table which consists of seven items**. The ancient Persians who were all followers of Zarathushtra decorated their table with Seven Trays (HAFT SEENIE) filled with numerous symbolic items. The Seven Trays represented the **SEVEN ETERNAL LAWS OF NATURE** as derived from the "Gathas", the songs of Zarathushtra (Ha28.3). It was a way of renewing their bond and reminding themselves of the path they need to follow in life. The celebrations lasted 19 days, till when the name of the month and day coincided. (Farvardin month and Farvardin day)

### The Seven Amesha Spantas - The PHILOSOPHY behind the Haft Seenee. The Now Rooz Table The Seven Eternal Law

Zarathushtra – Gatha – Yasna 28.3 (FR)  
Truly, the **Asha (Ultimate Truth)** derived **2**  
By the **Good Mind** **1**  
Never before known  
Among the wise and all creation  
With it, make **Good Rules** never waning **3**  
Increasing **Righteousness** **4**  
Leading us towards **Perfection** **5**

Zarathushtra – Gatha – Yasna 28.10 (FR)  
THE REWARD **AMERETATA / AMORDAD**  
And those who are righteous are so because of  
Good deeds and use of the 'Wisdom of the Mind'  
In righteous way in harmony with 'Wisdom in Existence'  
Their aim achieved as designed  
And those assuredly are pleased (whose) result  
Are known to be righteous, faithful & **praise worthy.** **6**

- 1- BAH MAN - **Good Mind**– Use your Good Mind to inquire and learn the
- 2- ARDIBESHT - **Ultimate Truth**- the Laws of Nature- Use them to make
- 3- SHAHRIVAR- **Good Rules** – Good Laws- Good Products – Which will lead to
- 4- ESFAND- **Lawful Desire** – Righteousness – that will pave the way toward
- 5- KHORDAD- **Perfection** – Mental, Physical and Spiritual – which will lead to
- 6- AMORDAD- **Immortality** –(a) In Death being remembered for your good work for generations  
(b) In Life by losing the fear of Death –resulting in oneness with
- 7- AHURA-MAZDA – **The Creator of Wisdom** – **Khod Ah** through **Self Realization**- KHOD = Self AH = to come.



Remains of the stone pedestal  
in Apadana behind this gate



# FARVARDIN

3755

MARCH - APRIL 2017

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
	<b>1</b> ORMAZD <b>21</b> <b>NOW ROOZ</b>	<b>2</b> BAHMAN <b>22</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>23</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>24</b> GOOD LAWS	<b>5</b> ESPAND <b>25</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>26</b> <b>PERFECTION</b>
<b>7</b> AMORDAD <b>27</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>28</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>29</b> FIRE	<b>10</b> ABAN <b>30</b> WATER	<b>11</b> KHOR <b>31</b> SUN	<b>12</b> MAH <b>APRIL</b> MOON	<b>13</b> TIR <b>2</b> RAIN STAR
<b>14</b> GUSH <b>3</b> LIFE	<b>15</b> DEY BE MEHR <b>4</b> CREATION-FEELINGS	<b>16</b> MEHR <b>5</b> LOVE	<b>17</b> SOROUSH <b>6</b> HEARKENING	<b>18</b> RASHN <b>7</b> JUSTICE	<b>19</b> FARVARDIN <b>8</b> <b>PROGRESSIVE FORCE</b>	<b>20</b> VERAHRAM <b>9</b> VICTORY
<b>21</b> RAM <b>10</b> PEACE	<b>22</b> BAD <b>11</b> WIND	<b>23</b> DEY BE DIN <b>12</b> CREATION-MENTAL	<b>24</b> DIN <b>13</b> CONSCIENSE	<b>25</b> ERD <b>14</b> RECOMPENSE	<b>26</b> ASHTAD <b>15</b> JUSTICE	<b>27</b> ASEMAN <b>16</b> SKY
<b>28</b> ZAMYAD <b>17</b> EARTH	<b>29</b> MANTRASPAND <b>18</b> HOLY WORD	<b>30</b> ANARAM <b>19</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>20</b> FREE DAY			

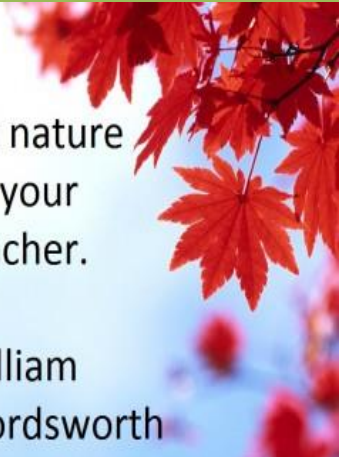
**NOW ROOZ** VERNAL EQUINOX-NEW YEAR

ZARATHUSHTRA'S BIRTHDAY

FARVARDIN GAN REJUVINATION DAY

## ARDIBEHEST GAN: Nature Day. Asha Vahista - The Ultimate Truth.

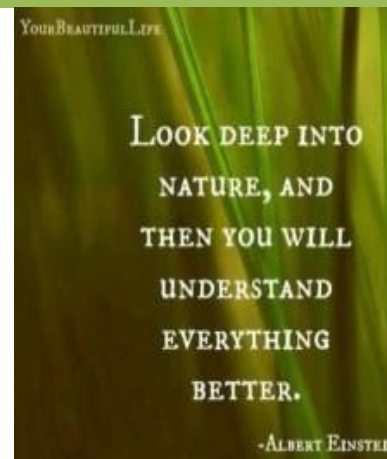
Truth is in Nature discover it by using your VohuMana



Let nature  
be your  
teacher.

William  
Wordsworth

Asha when you gain  
With minds good use  
Having realized wisdom  
The path to righteousness  
The ultimate message of Wisdom  
Through words excellent  
We shall turn (inform)  
Those who do not know  
By speaking  
Zarathushtra – Gatha -Yasna Ha 28.5 (FR)



### GAHANBARS

Gahanbars are seasonal festivals celebrating an important farming related occurrence in each season. With respect for history tradition and for enjoyment and festivity, the celebration of the two seasonal festivals of the ancestral homeland in the Arctic have been preserved by the migrating Zarathushti . At the same time they also celebrated the four season of their new temperate homeland. The names of the Gahanbars point to **The Exact Day** of the celebration and leave no doubt.

#### ARCTIC Gahanbars:

**Maidhyo-Shahem (Mid-Summer) Gahanbars.** Arctic Summer is of 7 months (Farvardin to Mehr) 216 days so Mid Summer falls on the 108th day. Which is 15 of Tir corresponding to July 5.

**Ayeh-Threm (Saarem) (Coming of Winter).** Arctic winter is of 5 months. (Aban to Espand) Coming of Winter is celebrated just before the Arctic winter starts in Aban, when sowing the winter root crops. (30 Mehr) (21 October) .

#### TEMPERATE Gahanbars:

**Maidhyo-Zarem (Mid Spring):** Spring has 92.8 days so Mid Spring falls on the 46<sup>th</sup> day (15 Ardibesht 4 May- ) when plenty of Fresh vegetable is available.

**Paiti-Shahem (End of Summer):** Summer ends on 186<sup>th</sup> day (31 Shahrivar / 21 Sept.). Fruits and Vegetables have been picked.

**Maidh-Yarem (Mid- winter):** 320.75<sup>th</sup> day. When farmers, shepherds and their animals are resting. (15 Bahman/4Feb).

**Hamas-Path-Maedem (Equality of heat and cold, day and night):** preparation for the revival of Nature.(28/ 29 Espand) (March 19/20).

FOR DETAIL VISIT [www.ancientiran.com](http://www.ancientiran.com)

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
				<b>1</b> ORMAZD <b>21</b> KHOD AH	<b>2</b> BAHMAN <b>22</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>23</b> ULTIMATE TRUTH
<b>4</b> SHARIVAR <b>24</b> GOOD LAWS	<b>5</b> ESPAND <b>25</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>26</b> PERFECTION	<b>7</b> AMORDAD <b>27</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>28</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>29</b> FIRE	<b>10</b> ABAN <b>30</b> WATER
<b>11</b> KHOR <b>MAY</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR	<b>14</b> GUSH <b>4</b> LIFE	<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS MID - SPRING Gahanbar	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING
<b>18</b> RASHN <b>1</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY	<b>21</b> RAM <b>11</b> PEACE	<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENSE
<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY	<b>28</b> ZAMYAD <b>18</b> EARTH	<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>21</b> FREE DAY

GAHANBAR - MAIDHYO ZAREM

MID - SPRING

ARDIBEHESTGAN

Spring has 92.8 days Thus Mid Spring is on the 46th day -

( Farvardin 31 days +Ordibehest 15 = 46)

NATURES DAY

## **KHORDAD GAN - PERFECTION DAY (6 Khordad)**

Everyone should aim for Perfection in their chosen field.

### **SEVEN ETERNAL LAWS (OF NATURE) - SEVEN AMESHA SPENTAS**

Truly, the Asha (**Ultimate Truth**) derived  
By the **Good Mind**  
Never before known  
Among the wise and all creation  
With it, make **Good Rules** and never waning  
Increasing **Righteousness**  
**Leading us towards Perfection**  
Zarathushtra – Gatha -Yasna Ha 28.3 (FR)



In order to achieve PERFECTION chose a profession which is close to your heart. Chose a PATH that gives you inner satisfaction

Listen with your ears to the best  
Consider with open mind  
Among the paths before deciding  
Person by person for his own self  
Before greatness of this message  
Is truly spread understand each one  
Zarathushtra – Gatha – Yasna 30.2 (FR)

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
<b>1</b> ORMAZD <b>22</b> KHOD-AH	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>24</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY
<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>31</b> WATER	<b>11</b> KHOR <b>JUNE</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR	<b>14</b> GUSH <b>4</b> LIFE
<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING	<b>18</b> RASHN <b>8</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY	<b>21</b> RAM <b>11</b> PEACE
<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENSE	<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY	<b>28</b> ZAMYAD <b>18</b> EARTH
<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>21</b> FREE DAY				

**KHORDADGAN** PERFECTION DAY

### **TIRGAN (JUNE 20-21) (1st Tir)**

Tirgan is the celebration of the **Summer Solstice**. It also is the longest day; people spend this day outdoors and it being hot they spray water on each other and it has become the festival of water. It could last for 13 days and end when the month of Tir coincided with the day of Tir.

### **ARCTIC GAHANBAR**

***Maidhyo-Shahem (Mid-Summer) Gahanbars.*** Arctic Summer is of 7 months (Farvardin to Mehr) 216 days so Mid Summer falls on the 108th day. Which is July 5 corresponding to 15 of Tir.

These, you, not Ahura Mazda  
Asha also brings fury

Mind also is the best  
That which strives' to give good guidance  
For you to be worthy  
Mighty, satisfied, also worthy of praise

Zarathushtra - Gatha - Yasna HA 28.9 (FR)

When there is a natural disaster like an earthquake or hurricane don't blame it on Ahura Mazda.

It is nature running its course. The mind that strives to find a solution to live safely and in harmony with nature is worthy of praise and becomes Amordad. (Remembered for Generations).



BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
			<b>1</b> ORMAZD <b>22</b> <b>TIRGAN</b>	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>24</b> ULTIMATE TRUTH	<b>4</b> SHAHRIVAR <b>25</b> GOOD LAWS
<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>JULY</b> WATER	<b>11</b> KHOR <b>2</b> SUN
<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS MID-SUMMER Gahanbar	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE
<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE
<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY	

**TIRGAN**

SUMMER SOLSTICE LONGEST DAY

**MAIDYHO SHEM GAHANBAR**  
**MID-SUMMER**

This is celebration of the mid Arctic Summer which is from Farvardin to Mehr 7 months or 216 days Thus Mid Arctic Summer will be 108th Day or 15 TIR / 5 July

## AMORDAD GAN - REMEMBRANCE DAY

Remember all the Righteous people of (Haft Keshwar Zamin) the Seven Continents  
who have done good and progressed towards perfection

And now that brought upon them  
To change collectively their mistakes  
Now wisdom brings upon them good rule  
Good use of the mind shall show  
Them to learn from creation  
So that by giving knowledge they conquer the false one

Zarathushtra – Gatha – Yasna 30.8 (FR)

## PATETI - SHENSHAI PARSI NEW YEAR -

After the Islamic invasion of Persia in the 7<sup>th</sup> century, there was genocide of unmatched historical proportion that the victors have, to a great extent, tried to cover it up; but the Arab historian Tabari has recorded most of the atrocities. After gaining full control through genocide in the name of their God, they started a cultural genocide. They converted libraries and schools into mosques; they imposed their inferior lunar calendar and the Arabic language on the Iranians, they cut tongues that spoke Persian and arms that wrote it. There was mass migration in all directions a small group landed on the coast of Gujarat in India and are today highly respected as Parsis. In the process, the Zarathushtis lost track of their ancient calendar especially because Gujarat did not have the distinct four seasons. It was too late when they realised the mistake. They got in touch with their brethren's in Iran who were in worse conditions living as infidels. Only 7711 of them had survived, the information they provided did not help. Based on those calendars Pateti is celebrated as New Year, lately there are efforts to call it Navroj, that creates confusion with the Now Ruz that is celebrated in March on the Vernal Equinox by millions of people of the nations that were once Zarathushtis and formed the Persian Empire. It could result in modern day Zarathushtis losing ownership of the real Now Ruz. So just like the two Gahanbars and the Sadeh festival of the Arctic homeland have been preserved and celebrated giving us a link to our ancient history. Pateti can be the link to the migration and the welcome received on the shores of India. The 5 day Muktd prayers will keep alive the memory (Amordad) of the brethren's lost in the Genocide and thereafter.

FOR DETAIL VISIT [www.ancientiran.com](http://www.ancientiran.com)

**AMESHA SPENTA GAN** In this calendar the days of the week are named after the Amesha Spentas and so let's celebrate those days where the name of the week and day coincide and let's have a super celebration when the name of the **day week** and **month** coincide.

# AMORDAD

3755

JULY - AUGUST 2017

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
						<b>1</b> ORMAZD
<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS
<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>AUGUST</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS
<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND
<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD
<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY					

**AMESHA SPENTA GAN** NAME OF WEEK AND DAY COINCIDE  
**PATETI -NEW YEAR** SHENSHAI PARSİ NEW YEAR

**AMORDAD GAN** REMEMBRANCE DAY

## SHAHRIVAR GAN - GOOD LAWS - GOOD PRODUCT DAY 4th of Shahrivar

GOOD LAWS - Laws that are derived from Nature and are in harmony with Nature

GOOD PRODUCTS - Products that are in harmony with nature/ Environment

And these thoughts in the beginning  
Their apposing nature revealed themselves  
In the mind and in the words also  
In the deeds and these were good and bad  
And of these the wise  
Rightly choose not so truly the unwise  
Zarathushtra – Gatha – Yasna 30.3 (FR)

### GAHANBARS

ARCTIC Gahanbars:

***Paiti-Shahem*** (End of Summer): Summer ends on 186<sup>th</sup> day (21 Sept./ 31 Shahrivar). Time for picking of fruits.

That these laws you understand  
That wisdom has given humans  
Happiness and pain  
And that practice of evil harms  
Progress and followers of truth  
And as a result of these shall come illumination  
Zarathushtra – Gatha – Yasna 30.11 (FR)

# SHAHRIVAR

3755

AUGUST - SEPTEMBER 2017

BAHMAN MON	ARDIBEHEST TUE	SHARHIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
		<b>1</b> ORMAZD <b>23</b> KHOD-AH	<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE
<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>SEPT</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON
<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE
<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE
<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT	<b>31</b> AVARDAD <b>22</b> FREE DAY END OF SUMMER Gahanbar		

**GAHANBAR**  
**PAITI SHEM**  
**END OF SUMMER**  
SHAHRIVAR GAN

Tropical Summer ends on 186 th day  
which is 31 Shahrivar / 21-22 September  
GOOD LAWS - GOOD PRODUCTS DAY

## MEHREGAN 1<sup>st</sup> Mehr (Sept 22 -23)

**Mehregan is the celebration of the Autumnal Equinox. Just like Now Rooz the day and night is equal and it was also celebrated at the exact moment of the Autumnal Equinox.** The celebrations can last 16 days till when the name of the month and the day coincided.

## GAHANBAR

ARCTIC Gahanbars:

***Ayeh-Threm (Saarem) (Coming of Winter)***. This is celebrated just before the Arctic winter starts in Aban, when sowing the winter root crops. (Oct 21) (30 Mehr).

Truly, the spiritual result is high (when)  
Goodness leads to harmony in thoughts  
Which result in good deeds  
In harmony with the Wisdom in Creation  
As long as I have strength  
So long will I teach to strive for Truth  
Zarathushtra – Gatha -Yasna Ha 28.4 (FR)

Asha when you gain  
With minds good use  
Having realized wisdom  
The path to righteousness  
The ultimate message of Wisdom  
Through words excellent  
We shall turn (convert)  
Those who do not know (With tongue) By speaking  
Zarathushtra – Gatha -Yasna Ha 28.5 (FR)

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
					<b>1</b> ORMAZD <b>23</b> MEHREGAN	<b>2</b> BAHMAN <b>24</b> GOOD MIND
<b>3</b> ARDIBEHESHT <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>OCTOBER</b> FIRE
<b>10</b> ABAN <b>2</b> WATER	<b>11</b> KHOR <b>3</b> SUN	<b>12</b> MAH <b>4</b> MOON	<b>13</b> TIR <b>5</b> RAIN STAR	<b>14</b> GUSH <b>6</b> LIFE	<b>15</b> DEY BE MEHR <b>7</b> CREATION-FEELINGS	<b>16</b> MEHR <b>8</b> LOVE
<b>17</b> SOROUSH <b>9</b> HEARKENING	<b>18</b> RASHN <b>10</b> JUSTICE	<b>19</b> FARVARDIN <b>11</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>12</b> VICTORY	<b>21</b> RAM <b>13</b> PEACE	<b>22</b> BAD <b>14</b> WIND	<b>23</b> DEY BE DIN <b>15</b> CREATION-MENTAL
<b>24</b> DIN <b>16</b> CONSCIENSE	<b>25</b> ERD <b>17</b> RECOMPENSE	<b>26</b> ASHTAD <b>18</b> JUSTICE	<b>27</b> ASEMAN <b>19</b> SKY	<b>28</b> ZAMYAD <b>20</b> EARTH	<b>29</b> MANTRASPAND <b>21</b> HOLY WORD	<b>30</b> ANARAM <b>22</b> ENDLESS LIGHT <b>COMING OF WINTER</b> Gahanbar

**MEHREGAN** AUTUMNAL EQUINOX

**GAHANBAR**  
**AYA SAAREM**  
**COMING OF WINTER**

This is the celebration of the coming of the Arctic Winter which starts on 1st of Aban  
A day before the winter comes on 30 Mehr /21 October

## ABAN GAN - Water Reverence Day





BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
<b>1</b> ORMAZD <b>23</b> KHOD-AH	<b>2</b> BAHMAN <b>24</b> GOOD MIND	<b>3</b> ARDIBEHESHT <b>25</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>26</b> GOOD LAWS	<b>5</b> ESPAND <b>27</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>28</b> PERFECTION	<b>7</b> AMORDAD <b>29</b> IMMORTALITY
<b>8</b> DEY BE AZAR <b>30</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>31</b> FIRE	<b>10</b> ABAN <b>NOVEMBER</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR	<b>14</b> GUSH <b>5</b> LIFE
<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY	<b>21</b> RAM <b>12</b> PEACE
<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY	<b>28</b> ZAMYAD <b>19</b> EARTH
<b>29</b> MANTRASPAND <b>20</b> HOLY WORD	<b>30</b> ANARAM <b>21</b> ENDLESS LIGHT					

ABANGAN

WATER REVERENCE DAY

## AZAR GAN - FIRE REVERENCE DAY



BAHMAN

ARDIBEHEST

SHAHRIVAR

ESPAND

KHORDAD

AMORDAD

ORMAZD

MON

TUE

WED

THUR

FRI

SAT

SUN

**1**

ORMAZD

**22**

KHOD-AH

**2**

BAHMAN

**23**

GOOD MIND

**3**

ARDIBEHEST

**24**

ULTIMATE TRUTH

**4**

SHARIVAR

**25**

GOOD LAWS

**5**

ESPAND

**26**

LAWFUL DESIRE

**6**

KHORDAD

**27**

PERFECTION

**7**

AMORDAD

**28**

IMMORTALITY

**8**

DEY BE AZAR

**29**

CREATION-ELEMENTS

**9**

AZAR

**30**

FIRE

**10**

ABAN

**DECEMBER**

WATER

**11**

KHOR

**2**

SUN

**12**

MAH

**3**

MOON

**13**

TIR

**4**

RAIN STAR

**14**

GUSH

**5**

LIFE

**15**

DEY BE MEHR

**6**

CREATION-FEELINGS

**16**

MEHR

**7**

LOVE

**17**

SOROUSH

**8**

HEARKENING

**18**

RASHN

**9**

JUSTICE

**19**

FARVARDIN

**10**

PROGRESSIVE FORCE

**20**

VERAHRAM

**11**

VICTORY

**21**

RAM

**12**

PEACE

**22**

BAD

**13**

WIND

**23**

DEY BE DIN

**14**

CREATION-MENTAL

**24**

DIN

**15**

CONSCIENSE

**25**

ERD

**16**

RECOMPENSE

**26**

ASHTAD

**17**

JUSTICE

**27**

ASEMAN

**18**

SKY

**28**

ZAMYAD

**19**

EARTH

**29**

MANTRASPAND

**20**

HOLY WORD

**30**

ANARAM

**21**

ENDLESS LIGHT

AZARGAN

FIRE REVERENCE DAY

**DEYGAN** - YALDA (Dec 21-22) (1<sup>st</sup> Dey)

It is the celebration of the **Winter Solstice**.

In Mithraism it is celebrated as the birthday of the sun god Mithra because the day starts to grow longer.

**CELEBRATION OF LIFE OF ZARATHUSHTRA** - Dey 6 - Khordad Rooz

This I seek with reverence  
With uplifted hands  
The perfect-ness of the mind, Wisdom (Mazda)  
The first good rule to Asha is  
All should aspire to make  
Good use of the wisdom in the mind  
To create harmony between the universe  
And the inner-self .

Zarathushtra – Gatha – Yasna 28.1 (FR)

Now of these shall I speak to those eager,  
That quality of wisdom that all the wise wish  
And call creative qualities  
And good creation of the mind  
The all-powerful truth (Asha)  
Truly and that more & better ways are discovered  
Towards perfection

Zarathushtra – Gatha – Yasna 30.1 (FR)

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
				<b>1</b> ORMAZD <b>22</b> <b>YALDA DEYGAN</b>	<b>2</b> BAHMAN <b>23</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>24</b> ULTIMATE TRUTH
<b>4</b> SHARIVAR <b>25</b> GOOD LAWS	<b>5</b> ESPAND <b>26</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>27</b> PERFECTION	<b>7</b> AMORDAD <b>28</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>29</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>30</b> FIRE	<b>10</b> ABAN <b>31</b> WATER
<b>ZARATHUSHTRA CELEBRATION OF LIFE</b>						
<b>11</b> KHOR <b>JANUARY</b> SUN	<b>12</b> MAH <b>2</b> MOON	<b>13</b> TIR <b>3</b> RAIN STAR	<b>14</b> GUSH <b>4</b> LIFE	<b>15</b> DEY BE MEHR <b>5</b> CREATION-FEELINGS	<b>16</b> MEHR <b>6</b> LOVE	<b>17</b> SOROUSH <b>7</b> HEARKENING
<b>18</b> RASHN <b>8</b> JUSTICE	<b>19</b> FARVARDIN <b>9</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>10</b> VICTORY	<b>21</b> RAM <b>11</b> PEACE	<b>22</b> BAD <b>12</b> WIND	<b>23</b> DEY BE DIN <b>13</b> CREATION-MENTAL	<b>24</b> DIN <b>14</b> CONSCIENSE
<b>25</b> ERD <b>15</b> RECOMPENSE	<b>26</b> ASHTAD <b>16</b> JUSTICE	<b>27</b> ASEMAN <b>17</b> SKY	<b>28</b> ZAMYAD <b>18</b> EARTH	<b>29</b> MANTRASPAND <b>19</b> HOLY WORD	<b>30</b> ANARAM <b>20</b> ENDLESS LIGHT	

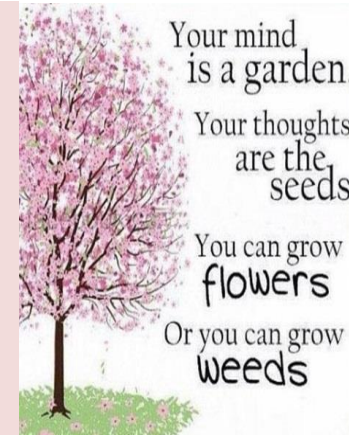
**DEYGAN -YALDA** WINTER SOLSTICE - YALDA IS A SYRIANIC WORD MEANING THE BIRTH  
**CELEBRATION OF LIFE OF ZARATHUSHTRA**

**BAHMAN GAN**  
**GOOD THOUGHTS DAY**

Everything that is created was first a Thought.  
So let your Thoughts be Good  
Good Thoughts are those that are in harmony with the Wisdom in Creation  
(Nature)

Let your Good Thoughts be known through Good Words  
For that's when Creation first comes into being

ZARATHUSHTRA - GATHA - YASNA HA. 28.11 (FR)



**SADEH - (January30/ Bahman 10)**

It is the 100th day of winter in the Arctic region & is a festival that has continued from the ancient Arctic homeland.  
The five month long Winter in the Arctic starts in Aban (30+30+30+10 **Bahman=100**)

***Maidh-Yarem* (Mid- winter) GAHANBAR: 15 Bahman / 4 Febuary**

Mid Winter is on the 320.75th day. When farmers, shepherds and their animals are resting.  
Spring 92.8 + Summer 93.6 + Autumn 89.9 days + Mid Winter (88.9 /2 = 44.45) = 320.75 Day

**AMESHA SPENTA GAN (1 to 7 Bahman)**

In this calendar the days of the week are named after the Amesha Spentas and so let's also celebrate those days where the name of the week and the name of the days coincide and let's have super celebration when the name of all three -Day Week and Month- coincide.

These celebrations are named after the particular Amesha Spenta.

BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
						<b>1</b> ORMAZD 21 KHOD AH
<b>2</b> BAHMAN 22 GOOD MIND	<b>3</b> ARDIBEHEST 23 ULTIMATE TRUTH	<b>4</b> SHARIVAR 24 GOOD LAWS	<b>5</b> ESPAND 25 LAWFUL DESIRE	<b>6</b> KHORDAD 26 PERFECTION	<b>7</b> AMORDAD 27 IMMORTALITY	<b>8</b> DEY BE AZAR 28 CREATION-ELEMENTS
<b>9</b> AZAR 29 FIRE	<b>10</b> ABAN 30 WATER	<b>11</b> KHOR 31 SUN	<b>12</b> MAH FEBRUARY MOON	<b>13</b> TIR 2 RAIN STAR	<b>14</b> GUSH 3 LIFE	<b>15</b> DEY BE MEHR 4 CREATION-FEELINGS
<b>16</b> MEHR 5 LOVE MID WINTER	<b>17</b> SOROUSH 6 HEARKENING	<b>18</b> RASHN 7 JUSTICE	<b>19</b> FARVARDIN 8 PROGRESSIVE FORCE	<b>20</b> VERAHRAM 9 VICTORY	<b>21</b> RAM 10 PEACE	<b>22</b> BAD 11 WIND
<b>23</b> DEY BE DIN 12 CREATION-MENTAL	<b>24</b> DIN 13 CONSCIENSE	<b>25</b> ERD 14 RECOMPENSE	<b>26</b> ASHTAD 15 JUSTICE	<b>27</b> ASEMAN 16 SKY	<b>28</b> ZAMYAD 17 EARTH	<b>29</b> MANTRASPAND 18 HOLY WORD
<b>30</b> ANARAM 19 ENDLESS LIGHT						

**SADEH** 100th DAY FROM START OF ARCTIC WINTER WHICH STARTS FROM THE 1st OF ABAN

**GHANBAR MAIDH YAREM** Middle of Tropical winter which is of 88.9 days

**MID WINTER** So mid winter is the 44.45th day (Dey =30 + Bahman 14 =44)

**BAHMAN GAN** GOOD THOUGHTS DAY

**AMASHPENTA GAN** DAY & WEEK COINCIDE

ESPAND GAN  
5 Espand  
SPENTA ARMAITY - **RIGHTEOUSNESS DAY**

**Hamas-Path-Maedem GAHANBAR**

(Equality of heat and cold, day and night): preparation for the revival of Nature. (March 19/20 ) (28/ 29 Espand).

This message and good guidance shall bring  
On the mind good knowledge  
And such person will progress  
Will achieve **Righteousness** without fail  
Those around them shall also benefit  
Has been tested successfully before  
Zarathushtra – Gatha – Yasna 30.7 (FR)

Certainly, I shall acquire  
The Wisdom in Creation  
Through Good use of the Mind  
I shall master the dual forces  
Physical and Mental  
Through Knowledge  
Whereby desiring, and achieving enlightenment.  
Zarathushtra – Gatha – Yasna 28.2 (FR)



BAHMAN MON	ARDIBEHEST TUE	SHAHRIVAR WED	ESPAND THUR	KHORDAD FRI	AMORDAD SAT	ORMAZD SUN
	<b>1</b> ORMAZD <b>20</b> KHOD AH	<b>2</b> BAHMAN <b>21</b> GOOD MIND	<b>3</b> ARDIBEHEST <b>22</b> ULTIMATE TRUTH	<b>4</b> SHARIVAR <b>23</b> GOOD LAWS	<b>5</b> ESPAND <b>24</b> LAWFUL DESIRE	<b>6</b> KHORDAD <b>25</b> PERFECTION
<b>7</b> AMORDAD <b>26</b> IMMORTALITY	<b>8</b> DEY BE AZAR <b>27</b> CREATION-ELEMENTS	<b>9</b> AZAR <b>28</b> FIRE	<b>10</b> ABAN <b>MARCH</b> WATER	<b>11</b> KHOR <b>2</b> SUN	<b>12</b> MAH <b>3</b> MOON	<b>13</b> TIR <b>4</b> RAIN STAR
<b>14</b> GUSH <b>5</b> LIFE	<b>15</b> DEY BE MEHR <b>6</b> CREATION-FEELINGS	<b>16</b> MEHR <b>7</b> LOVE	<b>17</b> SOROUSH <b>8</b> HEARKENING	<b>18</b> RASHN <b>9</b> JUSTICE	<b>19</b> FARVARDIN <b>10</b> PROGRESSIVE FORCE	<b>20</b> VERAHRAM <b>11</b> VICTORY
<b>21</b> RAM <b>12</b> PEACE	<b>22</b> BAD <b>13</b> WIND	<b>23</b> DEY BE DIN <b>14</b> CREATION-MENTAL	<b>24</b> DIN <b>15</b> CONSCIENSE	<b>25</b> ERD <b>16</b> RECOMPENSE	<b>26</b> ASHTAD <b>17</b> JUSTICE	<b>27</b> ASEMAN <b>18</b> SKY
<b>28</b> ZAMYAD <b>19</b> EARTH	<b>29</b> MANTRASPAND <b>20</b> HOLY WORD					
<b>VOHU</b> <b>KHASATRA</b>	<b>VAHISTA ISHTA</b>					

**AHUNAVARD      OUSHTAVARD      SPENTAMAD**

ESPAND GAN      RIGHTEOUSNESS DAY- EQUALITY DAY  
**HAMAS PATH MAEDEM      GAHANBAR**      EQUALITY OF COLD AND HEAT  
**MIDDLE OF COLD & HEAT**      Just when winter is ending and spring is starting

**NAMES OF THE DAY**

**A SUBJECT FOR DAILY REVERENCE**

<b>Avestan</b>	<b>Pahlavi (Middle-Persian)</b>	<b>New-Persian</b>	<b>English</b>
Ahura Mazda	Ohrmazd	Ormazd	Ahura Mazda
Vohu Manah	Vahman	Bahman	Good Thought
Asha Vahista	Ardvahišt	Ardibehesht	Ultimate Truth
Khshatra Vairya	Shahrevār	Sharivar	Good Laws
Spenta Armaiti	Spendarmad	Espanđ	Lawful Desire
Haurvatat	Hordad	Khordad	Perfection
Amertat	Amurdad	Amordad	Immortality
Ahura Mazda	Dai-pad-Adar	Dey-be-Azar	Creator
Atar	Adar	Azar	Fire
Apo	Aban	Aban	Waters
Hvar Khshaeta	Khvarshed	Khor/Khir	Sun
Mah	Mah	Mah	Moon
Tishtrya	Tir	Tir	Rain Star
Gaush Urvan	Gosh	Gush / Gaush	Life
Ahura Mazda	Dai-Pad-Mihr	Dey-be-Mehr	Creator
Mithra	Mihr	Mehr	Contract, Love
Sraosha	Srosh	Soroush	Hearkening
Rashnu	Rashn	Rashn	Justice
Fravashyo	Fravardin	Farvardin	Progressive force
Verthraghna	Vrahram	Verahram	Victory
Raman	Ram	Ram	Peace, Happiness
Vata	Vad	Baad	Wind
Ahura Mazda	Dai-pad-Din	Dey-be-Din	Creator
Daena	Din	Din	Conscience
Ashi	Ard	Ard (Ashi)	Recompense
Arshat	Ashtat	Ashtad	Justice, Truth
Aseman	Aseman	Aseman	Sky
Zam	Zamyad	Zamyad	Earth
Mantra Spēda	Mahraspand	Mantraspand	Divine Words
Anagranam Raochangha	Angran	Anaram	Endless Light

<http://zarathushticalendar.com/>